

1 **Manufacture and characterisation of PLA biocomposites with high purity cellulose**  
2 **isolated from olive pruning waste**

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9 **Abstract**

10 In this work, a two-step chemical process was carried out on olive pruning residues  
11 according to an optimised sequence that led to the isolation of natural fibre with a high  
12 cellulose content. Reaction time, temperature and HNO<sub>3</sub> concentration in the acid  
13 hydrolysis stage were optimised by means of the Response Surface Methodology (RSM)  
14 to achieve the highest removal of hemicellulose and lignin and the highest crystallinity  
15 index, minimising cellulose hydrolysis. The optimum conditions were established at 240  
16 min, 90 °C and 8%w/v acid concentration. Subsequent hydrolysis with NaOH allowed to  
17 obtain a pulp enriched in cellulose (83.28 wt.%). Analysis revealed that the cellulose  
18 isolated had a high crystallinity index (70.06%) and thermal stability ( $T_{max} = 357$  °C). The  
19 cellulose obtained was finally used for the manufacture of polymer biocomposites and to  
20 evaluate its viability as a filler for polymeric materials. The selected polymer matrix used  
21 was acid polylactic (PLA) and the amount of filler was 5 and 15% by weight, respectively.  
22 In order to determine the influence of the cellulose purification process, the manufacture  
23 of bicomposites with untreated olive tree pruning fibre was also carried out. Finally, all  
24 the manufactured biocomposites were characterised, obtaining an increase in tensile

25 strength when a 15wt.% of reinforcement was added, better matrix-fibre cohesion and  
26 hydrophilicity with chemically treated fibre was used, and maintaining the melting temperature  
27 of materials remained stable.

28 **Key-words:** Olive waste, lignocellulose, biomass, hydrolysis, cellulosic fibre,  
29 biocomposites, RSM.

30

### 31 **1. Introduction**

32 Vegetal biomass is composed mainly by hemicellulose, lignin and cellulose, the latter  
33 being of paramount importance due to its wide range of applications in industry [1][2].

34 Cellulose is classically referred as a renewable and biodegradable polymer abundant in  
35 nature [1][3]. To recover cellulose from vegetal biomass, it is necessary to remove the

36 hemicellulose and lignin. In particular, as lignin binds more strongly to cellulosic fibres  
37 and prevents cellulose from chemical attack, cellulose isolation methods have primarily

38 focused on delignification strategies. The harsh processing conditions, as well as the  
39 environmental implications associated with the most widely used industrial processes

40 (Kraft pulping and Organosolv) have led to the search for more sustainable methods in  
41 the last years. For instance, Tezcan and Atici (2017) achieved a cellulose enrichment from

42 30 to 81 wt.% and a delignification of 84 wt.% by stacking in a pile lignocellulosic bio-  
43 wastes (fall leaves) that were irrigated with a NaOH solution [2]. In addition,

44 microcrystalline cellulose has recently been extracted from waste cotton fabrics by using  
45 a hydrothermal process in which water not only acts as a reactant but also as a catalyst,

46 hence allowing for relatively low energy consumption [4]. However, these methods can  
47 be time consuming or difficult to implement in industry.

48 Acidified sodium chlorite treatment has been reported as the first step in delignification  
49 of lignocellulosic biomass [5][6]. However, repeated steps are frequently needed for the

50 delignification to be effective [6]. Moreover, the high environmental risks associated to  
51 the use of chlorine chemicals have stem the search for more sustainable alternatives such  
52 as hydrolysis with dilute acids [7]. In addition, by selecting the appropriate operating  
53 conditions, acid hydrolysis allows to obtain some advantages over other treatments such  
54 as low cost and the possibility of operating with dilute concentrations, thus reducing the  
55 environmental impact [8]. Regarding the selection of reagents, HNO<sub>3</sub> constitutes one of  
56 the best options since when the process is carried out under optimal conditions, the  
57 necessary reaction time is less than when using H<sub>2</sub>SO<sub>4</sub> or HCl [9]. In this sense, HNO<sub>3</sub>  
58 has been reported as an effective chemical for both the pre-treatment of lignocellulosic  
59 biomass before pulping [9][10][11] and for the purification of the cellulose pulp  
60 [7][12][13]. Alternatively, a residue with a high cellulose content can be obtained by  
61 combining acid and alkaline treatments. The first step comprises the acid hydrolysis of  
62 lignocellulosic biomass to mainly remove hemicellulose, and the second step uses an  
63 alkaline agent to extract lignin [14][15].

64 Conditioning the olive trees after harvesting by properly trimming their branches is  
65 essential to maximise both crop productivity and life cycle of the plant. In alignment with  
66 the greener practices of modern agriculture, the valorisation of agricultural wastes, such  
67 as olive tree pruning (OTP), for different applications is ever more frequently being  
68 conceived in the waste management systems of agricultural exploitations. It is estimated  
69 that trimming of olive trees to increase crop productivity produces a volume of OTP  
70 biomass of around 2000-3000 kg ha<sup>-1</sup>. As a consequence of the intense olive oil  
71 production, large amounts of OTP biomass are generated as a by-product in olive orchards  
72 every year in Spain, especially in the region of Andalusia (south of Spain) that maintains  
73 a practically constant olive grove area that exceeds 1500000 ha. Despite that the use of  
74 OTP for electricity generation has experienced a significant increase in the last decade,

75 this by-product is being underutilised. It is estimated that the current use of this type of  
76 biomass only reaches 30% of its full potential with great differences among geographical  
77 areas, which determines that in some regions its use is non-existent. Therefore, burning  
78 in the own orchards and soil amendment remain the only options for farmers in those  
79 areas without access to biomass power plants [16].

80 Few studies have been reported to date in which the isolation of cellulose from olive tree  
81 pruning residue (OTP) has been carried out, obtaining a high percentage of cellulose in  
82 the final product. Njeh et al. (2022), carried out the isolation of the cellulose from the  
83 OTP residue by means of an alkaline treatment followed by bleaching, obtaining a final  
84 product with a maximum crystallinity of up to 40% [17]. Kian et al. (2020) managed to  
85 obtain a final product with a cellulose content of up to 80%, reversing the order of the  
86 previous treatments, detecting a hemicellulose content close to 10% [5]. Another study  
87 reported the performance of a treatment to obtain microcrystalline cellulose (MCC) by  
88 means of basic and acid hydrolysis and bleaching, obtaining a cellulose with high  
89 crystallinity (74%) [18].

90 In recent years, polymeric composites reinforced with natural fibres have gained great  
91 importance due to their more environmentally friendly properties, their mechanical  
92 properties and relatively low production costs, among others [19]. Kumar et al. (2022)  
93 studied the effect of incorporating bamboo plant fibres as a reinforcement on the  
94 properties of a PLA polymer matrix [20]. Fico et al. (2022) carried out a study for the  
95 manufacture of a suitable PLA-based filament reinforced with between 10wt. % and a  
96 20wt. % of olive wood powder (OW), reporting a decrease in flexural properties due to  
97 poor adhesion between the OW and the polymeric matrix [21]. Other authors have  
98 analysed the properties of hybrid composites resulting from incorporating OTP fibres and  
99 lemon fibres in a polypropylene and polyethylene matrix, and their feasibility in structural

100 applications [22]. Sarmin et al. (2022) carried out the manufacture and characterisation  
101 of some hybrid composites using olive waste and bamboo fibres as reinforcement, and  
102 epoxy resin as polymeric matrix [23].

103 Cellulose fibres have received special attention due to their contribution to the stability  
104 of thermal behaviour, the improvement of the tensile strength of biocomposites and their  
105 biocompatibility with the polymeric matrix [18]. Some works reported promising results,  
106 in terms of improving mechanical properties and increasing tensile strength, by  
107 introducing lignocellulosic reinforcements with a high cellulose content in a PLA  
108 polymer matrix [24]. Norizan et al. (2022) studied the thermal properties of PLA/cellulose  
109 composites, concluding that cellulose acts as a nucleation agent, increasing the  
110 crystallization rate and improving the thermal properties of the composite material [25].  
111 However, no study has been found that has focused specifically on the incorporation of  
112 olive pruning wood residues with a high cellulose content into polymer matrices. As OTP  
113 biomass is clearly underutilised for industrial purposes, this work aims to the isolation of  
114 a high-purity cellulosic fraction by a simple two-step hydrolysis reaction consisting of  
115 diluted  $\text{HNO}_3$  hydrolysis followed by alkaline treatment, thus avoiding the  
116 implementation of a bleaching step. The optimum experimental conditions of the acid  
117 reaction (time, temperature and acid concentration) to maximise the hydrolysis of  
118 hemicellulose and lignin and minimise that for cellulose were identified using Response  
119 Surface Methodology (RSM). Afterwards, the fibres obtained were further hydrolysed  
120 with NaOH to obtain a high-purity cellulosic residue. Finally, this treated residue was  
121 used as reinforcement for the fabrication of PLA-based biocomposites and examining  
122 their mechanical and thermal properties.

## 123 **2. Materials and methods**

### 124 *2.1. Materials*

125 OTP biomass was collected from a cultivation area located near the town of Martos (Jaén,  
126 South Spain) in March 2021 coinciding with the pruning season. In this research, the  
127 branches accumulated after pruning a large number of 15-20 years old olive trees were  
128 selected. HNO<sub>3</sub> (Puriss. p.a., 65-67%) and NaOH pellets ( $\geq 99\%$ ), used for the hydrolysis  
129 reactions, and H<sub>2</sub>SO<sub>4</sub> (72% w/w aqueous solution), used for the chemical characterisation  
130 of the fibres, were purchased from DICSA S.L. (Spain). Ingeo™ Biopolymer 3251D PLA  
131 (NatureWorks LLC, United States) was selected as the polymer matrix to be used in the  
132 manufacture of the biocomposites mainly due to its good balance in terms of properties  
133 for compounding and injection moulding.

#### 134 2.2. *Conditioning of OTP biomass*

135 To obtain a biomass composed of wood fibres with a particle size within an appropriate  
136 range, the branches were subsequently subjected to the following conditioning process.  
137 Firstly, the dry branches were processed "in situ" on the farm by using a PMA-CR series  
138 pruning shredder (PROMAGRI, La Carlota, Spain) to reduce their size to a maximum  
139 length of 30-40 cm. This facilitated their transportation, as well as removed most of the  
140 leaves. The rest of the leaves that remained in the biomass were manually removed from  
141 the wood. The resulting product was then processed in a wood chipper (Arborist 150  
142 model; GreenMech Ltd., Alcester, UK) to adapt the size of the branches up to a maximum  
143 length of 20 cm. Afterwards, these short-length branches were milled (SM11 model  
144 cutting mill; Retsch Mühle Dietz-Motoren GmbH & Co. KG, Hann, Germany) and sieved  
145 (Vibro model sieve shaker; Retsch GmbH & Co. KG, Hann, Germany) in the laboratory  
146 through a previously optimised process that allowed to remove undesired fractions and to  
147 obtain the maximum percentage of the final fibre within the target particle size range [26].  
148 More specifically, those fibres retained in the space located between the sieves with 0.425  
149 mm and 0.600 mm of nominal aperture were selected.

150 2.3. Isolation of cellulose from OTP biomass

151 The extraction of cellulose from OTP biomass was achieved by a two-step process  
152 consisting of acid hydrolysis followed by alkaline hydrolysis. Both hydrolysis treatments,  
153 described below, were carried out under mechanical stirring in a 1000 cm<sup>3</sup> glass reactor  
154 to which the solution, acidic or alkaline, and the selected OTP fibres were added at a  
155 solid/liquid ratio 1:10 (w/w).

156 2.3.1. Acid Hydrolysis (AH). Optimisation of experimental conditions.

157 The acid treatment was carried out with HNO<sub>3</sub> at different concentrations, and at varied  
158 reaction time and temperature conditions (Table 1). Once the hydrolysis was completed,  
159 the resulting solid fraction was separated by filtration, washed with abundant water to  
160 remove excess acid, dried at room temperature, and stored in zipped bags until analysis.  
161 For convenience, OTP biomass after the acid hydrolysis was labelled as OTP-AH. The  
162 yield of the acid hydrolysis reaction ( $Yield_{AH}$ ) was calculated as:

163 
$$Yield_{AH}(\%) = \frac{m_{OTP-AH}}{m_{OTP}} \times 100 \quad \text{Eq. (1)}$$

164 where  $m_{OTP}$  and  $m_{OTP-AH}$  are the weight (g) of OTP biomass before and after hydrolysis  
165 respectively.

166 Aimed to remove as much hemicellulose and lignin as possible and to obtain a biomass  
167 enriched in cellulose, RSM was applied to determine the best experimental conditions for  
168 the variables studied: reaction time ( $t$ ), reaction temperature ( $T$ ), and HNO<sub>3</sub> concentration  
169 ( $c$ ). The approach used consisted of a face-centred central composite design (FCCD) with  
170 17 runs including three replicates in the central point ( $AH_{1-17}$ ). Table 1 shows the resulting  
171 matrix for the design of experiments (DOE), including both the coded and real values of  
172 the three independent variables. On the other hand, the percentages of cellulose,  
173 hemicellulose and lignin hydrolysed ( $Y_{cell}$ ,  $Y_{hemi}$  and  $Y_{lig}$ ) (calculated as the difference

174 between their contents in the OTP biomass before and after the AH process (see section  
 175 2.4.2), as well as its crystallinity index (*CrI*) calculated by X-Ray Diffraction (XRD) as  
 176 in section 2.4.5 were used as the response variables. Both the numerical and graphical  
 177 analysis of the results obtained were performed by means of both STATISTICA v8.0  
 178 (Statsoft, Tulsa, US) and Design-Expert v6.0 (Stat-Ease, Inc., Minneapolis, US)  
 179 softwares. The relationship between the response functions and the coded variables is  
 180 described by the following second-degree polynomial equation:

$$181 \quad Y = \beta_0 + \beta_i \sum x_i + \beta_{ii} \sum x_i^2 + \beta_{ij} \sum x_i x_j \quad \text{Eq. (2)}$$

182 where  $Y$  is the specific response function,  $x_i$  and  $x_j$  are independent variables,  $\beta_0$  is a  
 183 constant, and  $\beta_i$ ,  $\beta_{ii}$ , and  $\beta_{ij}$  are linear, quadratic, and interactive coefficients respectively.

#### 184 2.3.2. Alkaline Hydrolysis (BH)

185 Once the best experimental conditions for AH were selected, the resulting biomass,  
 186 depleted in hemicellulose and lignin, was further hydrolysed by following an alkaline  
 187 reaction with NaOH. In this case, two different working conditions were assessed: i)  
 188 NaOH 2% w/v, at 60 °C for 90 min ( $BH_1$ ); and ii) NaOH 6% w/v, at 75 °C for 105 min  
 189 ( $BH_2$ ). As for AH process, the fully hydrolysed biomass (OTP-BH) was filtered, washed  
 190 with water until reaching neutral pH, dried at room temperature, and properly stored until  
 191 being characterised. In addition, the yield of the alkaline reaction ( $Yield_{BH}$ ) was calculated  
 192 with the formula:

$$193 \quad Yield_{BH}(\%) = \frac{m_{OTP-BH}}{m_{OTP-AH}} \times 100 \quad \text{Eq. (3)}$$

194 where  $m_{OTP-AH}$  is the weight (g) of OTP biomass after the AH reaction selected as optimal,  
 195 and  $m_{OTP-BH}$  the weight (g) of OTP biomass after the BH treatment.

#### 196 2.4. Characterisation of OTP biomass at each stage of treatment

197 2.4.1. *Moisture and ash contents*

198 The moisture and ash contents of biomass samples (OTP, OTP-AH and OTP-BH) were  
199 determined according to the methods reported by the Technical Association of Pulp and  
200 Paper Industry (TAPPI T 12 os-75 and TAPPI T 15 os-58 respectively). The process  
201 consisted in drying 1 g of sample in an oven at 105 °C until constant weight. Then, the  
202 dried sample is introduced in a muffle furnace and incinerated at 600 °C for 4h. Moisture  
203 and ash contents were calculated in accordance with the following equations:

204 
$$\text{Moisture (wt. \%)} = \frac{m - m_{105}}{m} \times 100 \quad \text{Eq. (4)}$$

205 
$$\text{Ash (wt. \%)} = \frac{m - m_{600}}{m} \times 100 \quad \text{Eq. (5)}$$

206 where  $m$  is the weight (g) of the sample (~1 g),  $m_{105}$  is the weight of dried OTP, and  $m_{600}$   
207 is the weight (g) of the ash obtained after incineration.

208 2.4.2. *Chemical composition*

209 The chemical composition of OTP, OTP-AH and OTP-BH fibres was determined in  
210 duplicate following the methodology proposed by Browning [27] with some  
211 modifications. The procedure consisted of hydrolysing 2 g of sample in 10 mL of a 72  
212 %w/w H<sub>2</sub>SO<sub>4</sub> solution under gentle stirring for 7 min using a 50 mL flask immersed in a  
213 water bath at 60 °C. Subsequently, 275 mL of distilled water was carefully added to dilute  
214 the acid, and the solution was immediately transferred to a 1 L Erlenmeyer flask. The  
215 flask was suitably sealed and autoclaved (model AE-110-DRY, RAYPA) at 1.11 atm and  
216 121 °C for 45 min. The resulting solution (hydrolysate) was then cooled at room  
217 temperature and filtered by using a fluted filter paper. The solid residue was washed with  
218 distilled water, and the final volume of the filtrate + washing water was adjusted to 500  
219 mL with a volumetric flask. Both the solid residue and the hydrolysate were used for  
220 different analyses as described below.

221 The different hydrolysates obtained were used for the determination of carbohydrates (D-  
222 glucose, D-xylose and L-arabinose) by injecting a 20- $\mu$ L aliquot of filtered sample (0.22  
223  $\mu$ m nylon syringe filters; Branchia) in a High Performance Liquid Chromatography  
224 (HPLC) system (Shimadzu Prominence Series 20) equipped with a cooled automatic  
225 sampler (SIL-20ACHT) and a refraction index detector (RID-10A). The chromatographic  
226 separation of the analytes was carried out in an Aminex HPX-87H column (300 x 7.8  
227 mm) (Bio-Rad Laboratories Ltd.) at an oven temperature of 45 °C by using 0.005M  
228 H<sub>2</sub>SO<sub>4</sub> in isocratic mode at a flow rate of 0.6 mL min<sup>-1</sup> as mobile phase. The mathematical  
229 expressions proposed in [28] were used to calculate the percentages of cellulose and  
230 hemicellulose in the biomass on a dry weight basis.

231 On the other hand, the solid residue was used for the determination of acid insoluble or  
232 Klason lignin as in [29]. The residue was dried at 105 °C until constant weight and  
233 incinerated in a muffle furnace at 600 °C for 4 h to rule out likely interferences produced  
234 by the presence of ashes. The percentage of acid insoluble lignin in OTP samples (d.w.)  
235 was calculated following the equation:

$$236 \quad \text{Klason Lignin (wt. \%)} = \frac{m_{105} - m_{600}}{m_{OTP}} \times 100 \quad \text{Eq. (6)}$$

237 where  $m_{105}$  is the weight (g) of the dried solid residue,  $m_{600}$  is the weight (g) of the ash  
238 obtained after incineration, and  $m_{OTP}$  is the weight of the corresponding dried OTP  
239 biomass (~2 g).

#### 240 2.4.3. Scanning Electron Microscopy

241 Field Emission Scanning Electron Microscopy (FE-SEM) (model Merlin, Carl Zeiss) was  
242 used to observe the surface morphology of OTP fibres. Furthermore, the effects of the  
243 chemical treatments on the morphological features of the fibres were evaluated by  
244 comparing the micrographs of untreated OTP, after AH and after BH. Biomass fibres

245 were placed on the sample stub, dried in an oven at 60 °C for 2 h and coated with gold  
246 using a vacuum sputter coater (model Q150T ES, Quorum Technologies). The analysis  
247 of the samples was performed at an accelerating voltage of 15 kV.

#### 248 2.4.4. *Fourier Transformed Infrared (FTIR) Spectroscopy*

249 The identification of functional groups in the biomass samples and the chemical changes  
250 produced after the hydrolysis treatments were assessed by Fourier Transformed Infrared  
251 (FTIR) spectroscopy (Tensor 27 spectrophotometer, Bruker). Prior to the analysis, the  
252 samples were milled and forced to pass a 0.5 mm sieve (Ultra Centrifugal Mill ZM 200;  
253 Retsch). The FTIR spectra were recorded in 4000-400 cm<sup>-1</sup> range with a resolution of 4  
254 cm<sup>-1</sup> and an accumulation of 32 scans. All the analyses were carried out in the Attenuated  
255 Total Reflection (ATR) mode.

#### 256 2.4.5. *X-Ray Diffraction (XRD)*

257 In order to determine the crystallinity of OTP, OTP-AH and OTP-BH fibres, the samples  
258 were analysed by XRD technique with an Empyrean X-Ray diffractometer (Malvern  
259 PANalytical, United Kingdom). In addition, X-ray diffractograms were used to monitor  
260 the efficiency of the cellulose isolation process. Each material was milled and passed  
261 through a 0.5 mm sieve prior to the analysis (Ultra Centrifugal Mill ZM 200; Retsch).  
262 Powdered samples were placed on the sample holder and levelled to obtain total and even  
263 X-ray exposure. The samples were scanned at room temperature with a monochromatic  
264 Cu-K $\alpha$  radiation source in the 2 $\theta$  range of 5-40°, at a rate of 2° min<sup>-1</sup> and a total scanning  
265 time of 17.5 min. The *CrI* values of the different samples were determined in accordance  
266 with the methodology proposed in [30] as below:

$$267 \quad CrI (\%) = \frac{I_{002} - I_{am}}{I_{002}} \times 100 \quad \text{Eq. (7)}$$

268 where  $I_{002}$  is the maximum intensity of the (002) lattice diffraction peak corresponding to  
269 both amorphous and crystalline phases, and  $I_{am}$  represents the intensity scattered by the  
270 amorphous part. Both  $I_{002}$  and  $I_{am}$  are located at  $2\theta$  values approximately of  $22^\circ$  and  $18^\circ$   
271 respectively [31][32][33].

#### 272 2.4.6. Thermogravimetric Analysis (TGA)

273 The thermal stability of the different fibres was determined in a thermogravimetric  
274 analyser (TGA Q500; TA Instruments) by weighing 10-20 mg of powdered sample in  
275 alumina pans. All the measurements were carried out under nitrogen atmosphere at a flow  
276 of  $50 \text{ mL min}^{-1}$  by heating the sample from room temperature to  $1000 \text{ }^\circ\text{C}$  at a rate of  $10$   
277  $^\circ\text{C min}^{-1}$ .

#### 278 2.5. Preparation of biocomposites

279 BYK MAX-P 4101 (BYK-Chemie GmbH, Germany) was also used as process additive  
280 (PA) in order to improve the compounding manufacturing process [34]. Prior to preparing  
281 the biocomposites, moisture was removed from both the treated (OTPBH<sub>2</sub>) and the non-  
282 treated OTP, drying them in an oven for 24 h at  $60^\circ\text{C}$  as previously reported in other research  
283 papers [5]. PLA pellets were dried in a KKT 75 dryer (KOCH, Germany) under the  
284 following conditions:  $45 \text{ }^\circ\text{C}$  for 5 h. The biocomposites were manufactured using two  
285 different percentages of OTP, 5 and 15% by weight. Raw PLA and composition of the  
286 different manufactured biocomposites are shown in Table 2. The compounding process  
287 was carried out on a Mini E-Lab 22 extrusion-pelletizing production line (Eur.Ex.Ma,  
288 Italy), using the parameters detailed in Table 2 to finally obtain the final materials  
289 referenced in Table 2, PLA and biocomposites in the form of pellets. The control material,  
290 raw PLA, was also processed on the extrusion line under the same conditions as the  
291 biocomposite compounding process (Table 3) in order to obtain a suitable reference for  
292 comparison.

293

**Table 2.** PLA and biocomposites composition

Reference	PLA (wt.%)	OTP (wt.%)	OTPBH <sub>2</sub> (wt.%)	PA (wt.%)
PLA (Control)	98.5	-	-	1.5
5OTP/PLA	93.5	5.0	-	1.5
5OTPBH <sub>2</sub> /PLA	93.5	-	5.0	1.5
15OTP/PLA	83.5	15.0	-	1.5
15OTPBH <sub>2</sub> /PLA	83.5	-	15.0	1.5

294

295

**Table 3.** Compounding process parameters

Temperature (°C)							Extruder Speed (rpm)
Zone I	Zone II	Zone III	Zone IV	Zone V	Zone VI	Nozzle	
145	145	150	150	145	140	135	150

296

297 After obtaining the granules of PLA (control) and biocomposites, the necessary  
 298 specimens were manufactured for each of the materials by injection moulding to carry  
 299 out the different characterisation tests. Before the injection moulding process, moisture  
 300 was removed from the materials in a KKT 75 dryer (KOCH, Germany) under the  
 301 following conditions: 45 °C for 5 h. The equipment used to carry out the injection  
 302 moulding process was an ENGEL Victory 28 machine (Engel Holding GmbH, Austria)  
 303 and the specimens obtained were those whose dimensions comply with ISO 527-2 and  
 304 179-1 standards, respectively [35] [36].

## 305 2.6. Characterisation of PLA and polymer biocomposites

### 306 2.6.1. Mechanical properties

307 Tensile properties were determined according to ISO 527-2 standard using a “Tinius  
 308 Olsen 10KS” universal testing machine and 75 mm long and 2 mm thick haltere 1BA  
 309 type specimens [35]. A Charpy Impact Meter Izod IMPats 2281 (Metrotec, Spain) was  
 310 used to determine Charpy impact strength of the different materials according to ISO 179-  
 311 1 standard using 80 mm·10 mm·4 mm specimens [36].

312 2.6.2. *Structural and morphological analysis*

313 The composition of the biocomposites was determined by XRD in an Empyrean  
314 equipment with a PIXcel-3D detector from PANalytical (Malvern PANalytical, United  
315 Kingdom) and they were recorded in the  $2\theta$  range from 10 to  $60^\circ$  with a step size of 0.02.  
316 The most interesting chemical bonds to understand the structure of the materials were  
317 determined using ATR-FTIR Vertex 70 (Bruker, United States). Scans were performed  
318 in the 4000-400  $\text{cm}^{-1}$  frequency range. The SEM images of the raw PLA and the different  
319 mechanically tested biocomposites were obtained using the same equipment and  
320 methodology previously described in section "2.4.3. Scanning Electron Microscopy" with  
321 the difference that the samples did not require prior drying. and an accelerating voltage  
322 of 15 kV was used.

323 2.6.3. *Thermal properties*

324 Thermal behaviour of the materials was determined in a Differential Scanning  
325 Calorimetry (DSC) 822e Mettler Toledo equipment (Mettler-Toledo, Switzerland). The  
326 temperature ramps were 5  $^\circ\text{C}/\text{min}$ , in heating mode in the range of 30 to 200  $^\circ\text{C}$ , a  
327 temperature at which it was maintained for about three hours, followed by subsequent  
328 cooling to 30  $^\circ\text{C}$ . After performing the DSC analysis, the values of the crystallisation  
329 temperature ( $T_c$ ) and the melting temperature ( $T_m$ ) were obtained from a maximum and a  
330 minimum point respectively of each of the resulting DSC curves. The percentage of  
331 crystallinity was calculated using Equation 8:

332 
$$W_c (\%) = \frac{\Delta H_m}{\Delta H_{mc}} \cdot \frac{1}{f_{PLA}} \cdot 100 \quad \text{Eq. (8)}$$

333 Being  $\Delta H_m$  (J/g) the melting enthalpy of the analysed material calculated as the area on  
334 the curve where the minimum point corresponding to  $T_m$  is located,  $\Delta H_{mc}$  (J/g) the melting  
335 enthalpy corresponding to the 100% crystalline PLA sample (93.7 J/g) [37] and  $f_{PLA}$  the

336 weight fraction of PLA in the biocomposite. The enthalpy of crystallization ( $\Delta H_c$ ) was  
337 also determined, specifically as the area under the curve where the maximum point  
338 corresponding to  $T_c$  is located.

339 The thermal stability of the different materials (raw PLA and biocomposites) was  
340 determined using the same equipment and the same procedure described in section “2.4.6.  
341 Thermogravimetric Analysis (TGA)” with the only difference being that the maximum  
342 temperature reached in the experiment was 900 °C. The aim of these tests is to obtain the  
343 temperature at which thermal degradation of the material begins ( $T_{d,i}$ ), temperature at  
344 which the maximum in the area of the DTG curve corresponding to the thermal  
345 degradation of the material is reached ( $T_{d,max}$ ), temperature at which complete degradation  
346 of the material ends ( $T_{d,f}$ ) and percentage of solid residue (ash) remaining after analysis.

#### 347 2.6.4. *Water absorption*

348 The water absorption capacity of the raw PLA and the different biocomposites was  
349 determined according to a procedure based on method 2 of the ISO 62 standard [38] and  
350 using 80 mm<sup>10</sup> mm<sup>4</sup> mm test tubes manufactured by injection moulding. Specifically,  
351 applying the indicated methodology, the percentage change in mass,  $c(\%)$ , relative to the  
352 initial mass was determined before using Equation 9:

$$353 \quad c(\%) = \frac{m_2 - m_1}{m_1} \cdot 100 \quad \text{Eq. (9)}$$

354 Being  $m_1$  is the mass in mg of the test piece after initial drying and before immersion in  
355 water; and  $m_2$  the mass in mg of the specimen after immersion in water.

### 356 **3. Results and discussion**

#### 357 3.1. *Chemical composition of OTP biomass*

358 The examination of the chemical composition of the untreated biomass is essential in  
359 order to develop an efficient methodology able to achieve the targeted goals, in this case  
360 the removal of non-cellulosic compounds and the isolation of the cellulose fraction. The  
361 analysis performed showed that untreated OTP contained 7 wt.% moisture, and 0.178  
362 wt.% ash. In addition, the cellulose, hemicellulose and lignin contents were 31.53 wt.%,  
363 21.61 wt.% and 24.76 wt.% respectively, which are within the ranges normally found for  
364 woody biomass [39]. Regarding the cellulose content of OTP biomass, of great interest  
365 for this work, other authors have reported values oscillating between 22.30 wt.% and  
366 41.41 wt.% [5][40][41][42]. This variability may be ascribed to the differences derived  
367 from the analytical methodology followed for the determination of the chemical  
368 composition of OTP [39].

### 369 3.2. Isolation of cellulose from OTP biomass

#### 370 3.2.1. Optimisation of the acid hydrolysis process

371 Depending on the treatment performed, yellowish-brown OTP fibres were obtained after  
372 hydrolysis with HNO<sub>3</sub>. The percentages hydrolysed of cellulose ( $Y_{cell}$ ), hemicellulose  
373 ( $Y_{hemi}$ ) and lignin ( $Y_{lig}$ ), as well as the  $Yield_{AH}$  and the  $CrI$  values of OTP biomass after  
374 hydrolysis with HNO<sub>3</sub> at the conditions described in the DOE are depicted in Table 1. As  
375 observed, the  $Yield_{AH}$  varied in the range 30.90-80.23% coinciding the limits with the  
376 harsher (AH<sub>8</sub>) and milder (AH<sub>1</sub>) hydrolysis conditions. Kian et al. (2020) have recently  
377 obtained a reaction yield of 47.6% by extracting OTP fibres by a conventional two-step  
378 sodium chlorite bleaching and soda pulping process [5].

379 The results in Table 1 were used for statistical analysis and to predict the quadratic  
380 regression equations of the response functions after eliminating non-significant  
381 coefficients, and replacing coded variables by real values (Eqs. (10-13)).

382  $Y_{cell} = 38.99 + 1.79t + 4.15T + 4.54c - 3.83T^2 - 4.37Tc - 1.26tc$  Eq. (10)

383  $Y_{hemi} = 65.68 + 2.28t + 17.93T + 10.63c - 3.92T^2 - 2.71Tc$  Eq. (11)

384  $Y_{lig} = 64.49 + 6.21t + 15.53T + 22.49c - 5.81T^2 - 8.34c^2$   
385  $+5.29Tt - 5.42tc$  Eq. (12)

386  $CrI = 52.84 + 0.10t + 5.33T + 4.49c + 0.83t^2 + 0.91Tt$  Eq. (13)

387  
388

**Table 1.** Matrix of the experimental design performed for the AH process (coded values of the independent variables in brackets) and results obtained for the response variables

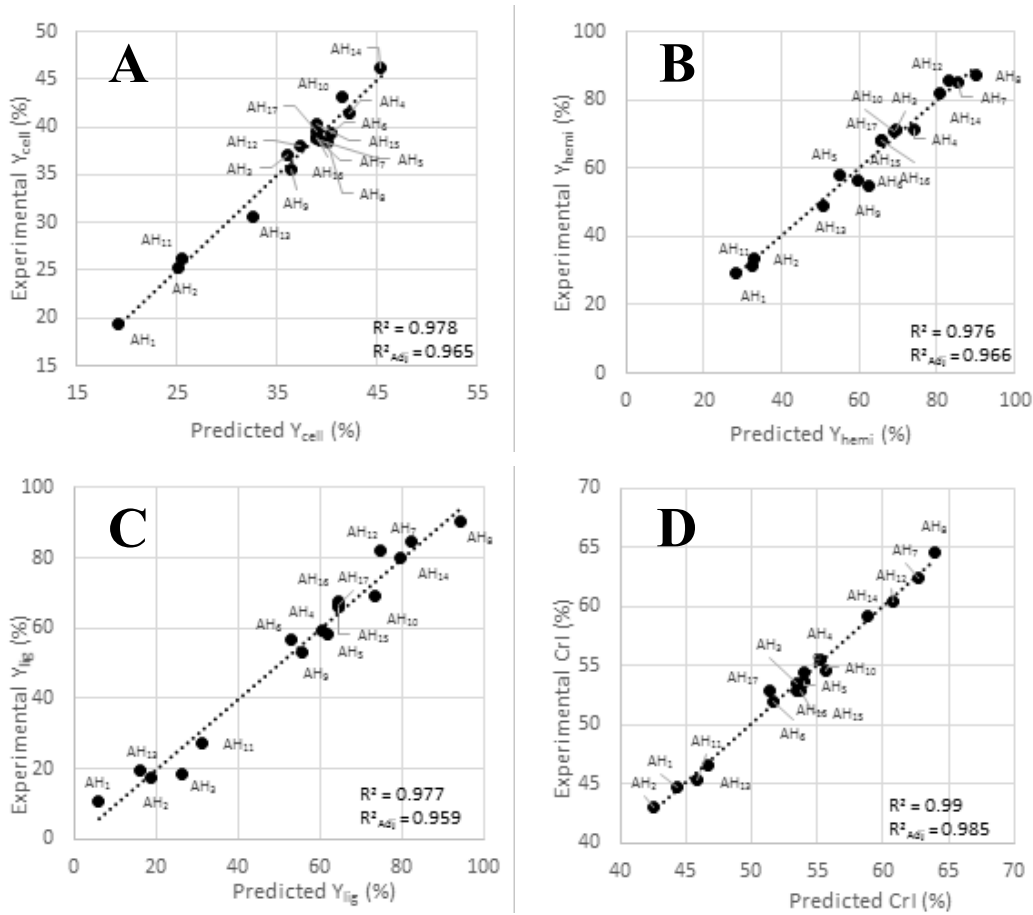
TREATMENT	t, min	T, °C	c, % w/v	Y <sub>cell</sub> , %	Y <sub>hemi</sub> , %	Y <sub>lig</sub> , %	CrI, %	Yield <sub>AH</sub> , %
AH <sub>1</sub>	120(-1)	60(-1)	2(-1)	19.29	29.48	10.88	44.39	80.23
AH <sub>2</sub>	240(1)	60(-1)	2(-1)	25.19	33.35	17.33	42.50	74.86
AH <sub>3</sub>	120(-1)	90(1)	2(-1)	37.00	71.19	18.34	53.46	57.01
AH <sub>4</sub>	240(1)	90(1)	2(-1)	41.49	71.47	59.38	55.28	45.41
AH <sub>5</sub>	120(-1)	60(-1)	8(1)	38.67	57.94	58.46	53.99	53.44
AH <sub>6</sub>	240(1)	60(-1)	8(1)	39.45	56.26	56.64	51.69	55.97
AH <sub>7</sub>	120(-1)	90(1)	8(1)	38.83	85.03	84.41	62.67	31.89
AH <sub>8</sub>	240(1)	90(1)	8(1)	38.37	87.33	90.36	63.92	30.90
AH <sub>9</sub>	95.4(-1.41)	75(0)	5(0)	35.57	54.77	53.10	54.03	58.99
AH <sub>10</sub>	264.6(1.41)	75(0)	5(0)	43.20	70.79	69.26	55.68	47.50
AH <sub>11</sub>	180(0)	53.85(-1.41)	5(0)	26.26	31.20	27.46	45.84	77.67
AH <sub>12</sub>	180(0)	96.15(1.41)	5(0)	38.03	85.62	81.93	60.79	35.28
AH <sub>13</sub>	180(0)	75(0)	0.77(-1.41)	30.62	48.95	19.37	46.68	76.58
AH <sub>14</sub>	180(0)	75(0)	9.23(1.41)	46.25	81.72	79.96	58.82	39.69
AH <sub>15</sub>	180(0)	75(0)	5(0)	40.29	68.12	65.96	53.46	57.50
AH <sub>16</sub>	180(0)	75(0)	5(0)	38.96	68.27	67.39	53.67	47.52
AH <sub>17</sub>	180(0)	75(0)	5(0)	39.62	68.20	66.68	51.38	51.43

389  
390

*Independent variables t, T and c correspond to reaction time (min), reaction temperature (°C) and HNO<sub>3</sub> concentration (% w/v). Y<sub>cell</sub>, Y<sub>hemi</sub> and Y<sub>lig</sub> are the concentration of cellulose, hemicellulose and lignin in the hydrolysates; CrI is the crystallinity index; and Yield<sub>AH</sub> is the yield of each AH reaction.*

391

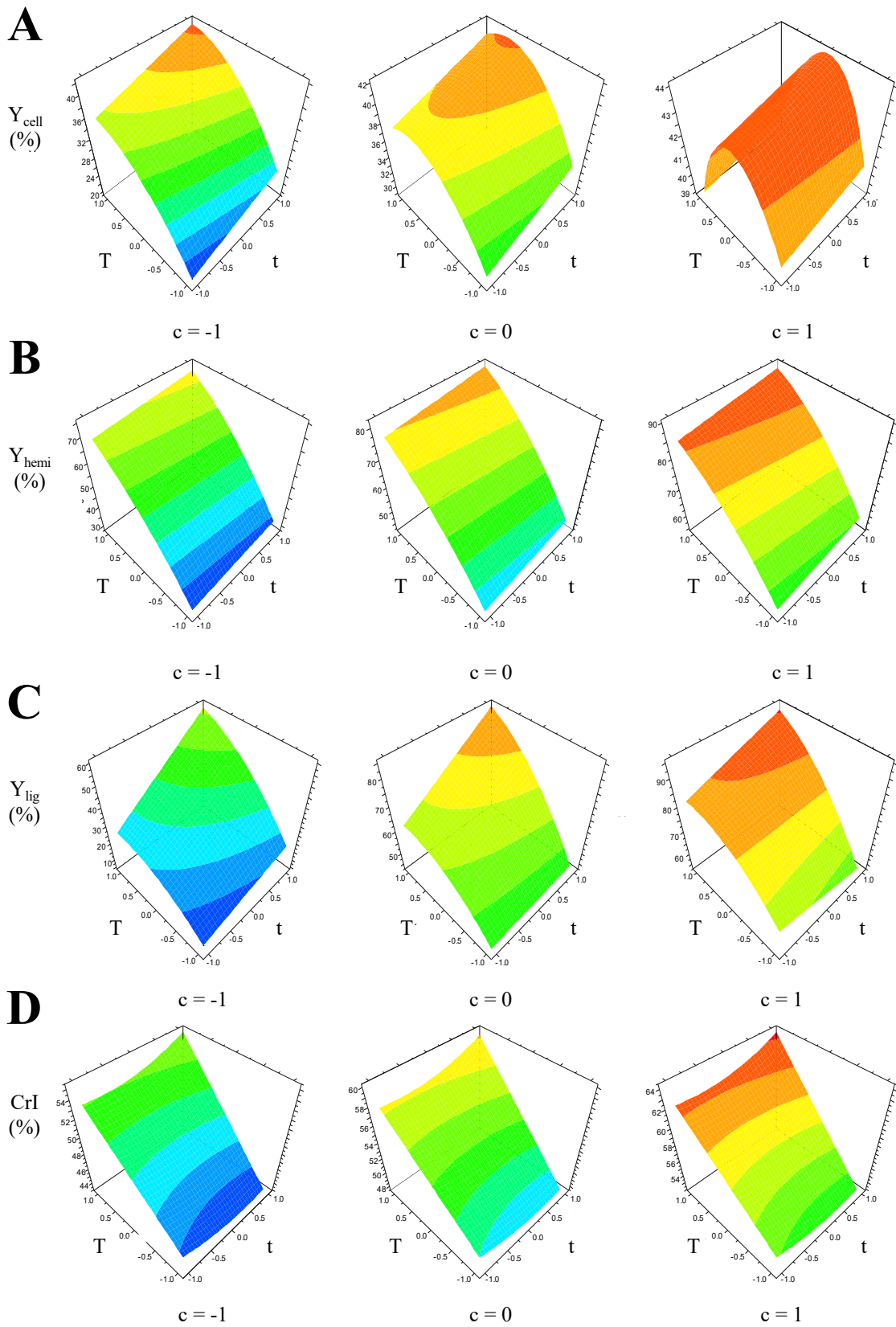
392 Figure 1 presents the representation of the values obtained from the DOE against those  
 393 predicted for the quadratic equations for each response variable considered.



394  
 395 **Figure 1.** Experimental results versus those predicted by the models for  $Y_{cell}$  (A),  $Y_{hemi}$  (B),  $Y_{lig}$   
 396 (C) and CrI (D).

397 As observed, the statistical significance of the model is confirmed by the high values of  
 398 the determination coefficients ( $R^2 \geq 0.976$ ) and adjusted determination coefficients ( $R^2_{adj}$   
 399  $\geq 0.959$ ). This indicates that the quadratic regression equation models of the response  
 400 variables have good statistical validation for the prediction of experiments within the  
 401 conditions used in this study [43][44][45].

402 The effect of the independent variables on the response functions are shown by the linear,  
 403 quadratic and interactive coefficients of the regression equations, and by the RSM plots  
 404 that were constructed with varying  $t$  and  $T$  values, and retaining the variable  $c$  at the three  
 405 levels tested (Figure 2).



407  
408  
409

**Figure 2.** Response surfaces from the experimental design showing the interactive effect of  $t$ ,  $T$  and  $c$  on  $Y_{cell}$  (A),  $Y_{hemi}$  (B),  $Y_{lig}$  (C) and  $CrI$  (D).

410 These RSM curves identified the optimum conditions for the maximum  $Y_{hemi}$  and  $Y_{lig}$ ,  
411 while maintaining a relatively low cellulose removal.  $Y_{cell}$  oscillated between 19.29% for  
412 AH<sub>1</sub> run, using milder conditions, and 46.25% for AH<sub>14</sub> assay, which consisted of the  
413 highest HNO<sub>3</sub> concentration and intermediate  $t$  and  $T$ . On the other hand, the maximum  
414 values of  $Y_{hemi}$  and  $Y_{lig}$  were 87.33% and 90.36 % respectively, both obtained for run AH<sub>8</sub>  
415 with  $c$  8%,  $T$  90 °C and  $t$  240 min.

416 As expected, the increase of either  $t$ ,  $T$  or  $c$  led to an enhanced  $Y_{cell}$ ,  $Y_{hemi}$  and  $Y_{lig}$  (Eqs.  
417 (10-12); Figures 2A-C). It is remarkable the higher values of these coefficients for  $Y_{hemi}$   
418 and  $Y_{lig}$ , especially for  $T$  and  $c$ , and the lower effect of  $t$ , thus confirming that the time of  
419 reaction had less influence on the hydrolysis of the lignocellulosic biomass [46].  
420 Moreover, although hemicellulose and lignin were more easily hydrolysed, the cellulose  
421 chains were also attacked by HNO<sub>3</sub> at different extent depending on the conditions used  
422 (Table 1). On the other hand, the quadratic term  $T^2$  produced a significant decrease in the  
423 hydrolysis of the three components (Eqs. (10-12)), which was more pronounced for  $Y_{cell}$   
424 particularly at the highest HNO<sub>3</sub> concentration (Figure 2B). In addition, the negative  
425 value of the coefficient  $c^2$  indicated a decreasing effect on  $Y_{lig}$  (Eq. (12)). However, the  
426 effect of  $t^2$  on  $Y_{cell}$ ,  $Y_{hemi}$  and  $Y_{lig}$  was not significant.

427 The affecting variables on  $CrI$  were the three linear terms, the quadratic coefficient  $t^2$  and  
428 the interactive  $Tt$  (Eq. (13)). All of these coefficients showed a positive influence on  $CrI$ ,  
429 especially  $T$  and  $c$ , which is in agreement with the removal of hemicellulose and lignin  
430 from OTP biomass. Again, the influence of  $t$  on the  $CrI$  values of the hydrolysed OTP  
431 fibres was practically negligible (Figure 2D).

432 From these results and despite that  $Yield_{AH}$  was low (Table 1), AH<sub>8</sub> treatment was selected  
433 as optimum to maximise  $Y_{hemi}$  and  $Y_{lig}$ , thus obtaining an OTP sample enriched in cellulose  
434 OTP fibres after AH<sub>8</sub> treatment contained 63.32 wt.% cellulose, 8.92 wt.% hemicellulose,

435 and 7.78 wt.% lignin. By substitution of the specific experimental conditions of AH<sub>8</sub> ( $t =$   
 436  $1$ ;  $T = 1$ ;  $c = 1$ ) in the regression equations,  $Y_{cell}$ ,  $Y_{hemi}$ ,  $Y_{lig}$  and  $CrI$  values of 40.01%,  
 437 89.89%, 94.44% and 64.50% respectively were obtained, which are slightly higher than  
 438 those from the experiment. More particularly predicted values of  $Y_{cell}$ ,  $Y_{hemi}$ ,  $Y_{lig}$  and  $CrI$   
 439 were 4%, 3%, 5% and 1% higher. These slight differences again verified the good fitting  
 440 of the regression models with the experiments.

### 441 3.2.2. Alkaline hydrolysis

442 Once the AH conditions were optimised, the resulting solid from AH<sub>8</sub> experiment was  
 443 further purified by two different hydrolysis reactions with diluted NaOH at the  
 444 experimental conditions described in section 2.4.2. Treatment with NaOH at different  
 445 experimental conditions is frequently referred in literature as the first hydrolysis step for  
 446 the isolation of cellulose from lignocellulosic biomass [31][32][42][43].

447 A yield of 82.75% was obtained for BH<sub>1</sub> treatment, whereas  $Yield_{BH2}$  was slightly lower  
 448 (74.11%) due to the harsher conditions followed in BH<sub>2</sub>. Because of this, BH<sub>2</sub> treatment  
 449 achieved greater hydrolysis rates of both hemicellulose and lignin, and the resulting OTP  
 450 fibres contained a higher amount of cellulose by comparison with BH<sub>1</sub> (Table 4).

451 **Table 4.** Yield of BH treatments and chemical composition of the OTP fibres obtained

TREATMENT	Cellulose (wt.%)	Hemicellulose (wt.%)	Lignin (wt.%)	Yield <sub>BH</sub> (%)
BH <sub>1</sub>	71.91	6.92	6.98	82.75
BH <sub>2</sub>	83.28	0.50	5.00	74.11

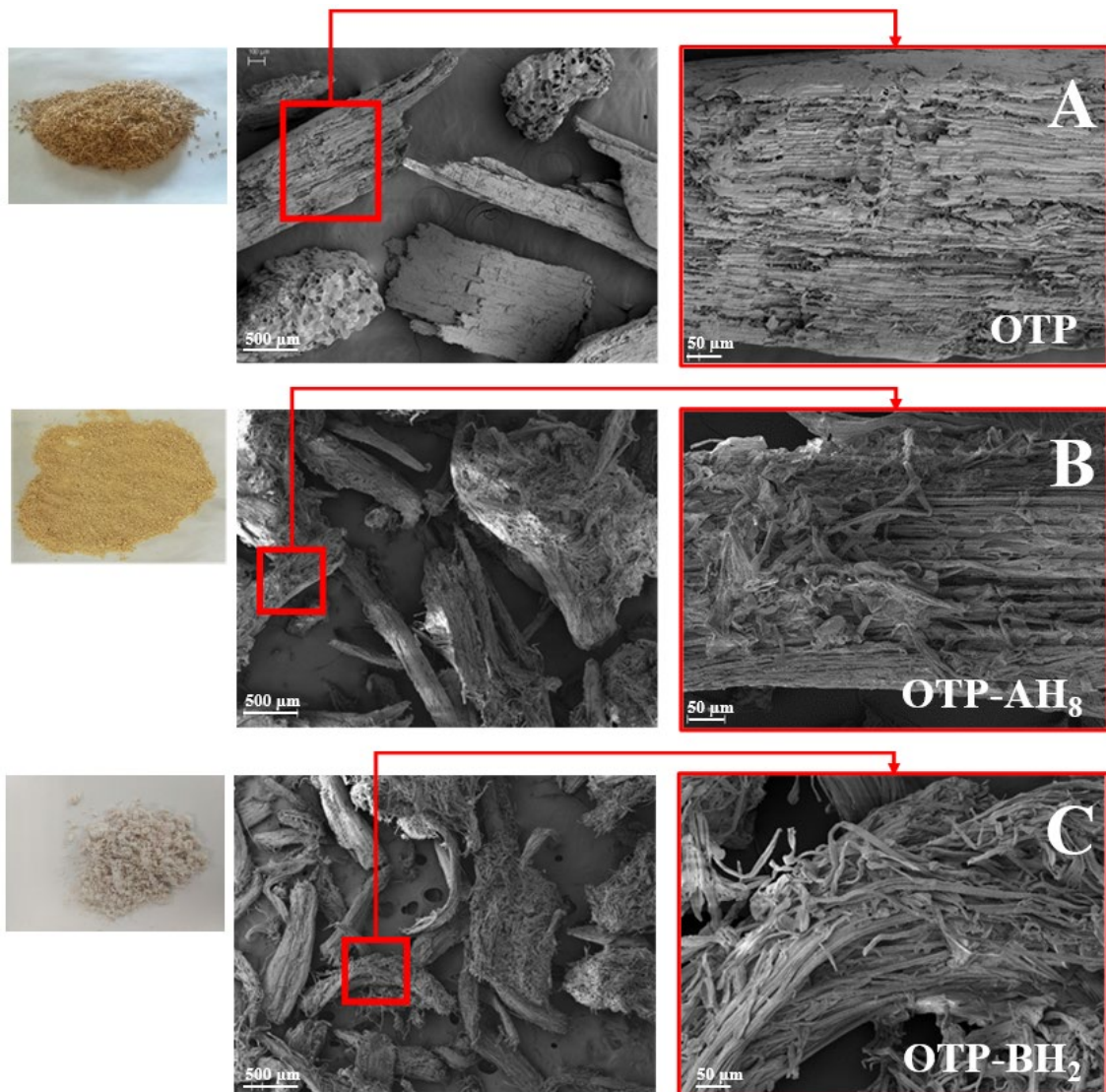
452 The content of cellulose after the BH<sub>2</sub> reaction amounted to over 80 wt.%, whereas that  
 453 of lignin and especially hemicellulose can be considered negligible. Similarly, other  
 454 authors have recently reported 79.8 wt.% cellulose in OTP fibres after a bleaching-  
 455 alkaline hydrolysis procedure [5]. In contrast, Sánchez-Gutiérrez et al. (2020) obtained a  
 456 cellulose content of 59.7 wt.% from OTP biomass after a soda pulping process with a

457 yield of 32%. As expected, the cellulose content of OTP fibres increased after the  
458 chemical treatments from 31.53 wt.% in the raw OTP to 83.28 wt.% after both hydrolysis  
459 reactions [42]. In addition, the procedure followed was highly efficient in hydrolysing  
460 hemicellulose and lignin, which decreased from 21.61 wt.% to 0.50 wt.% and from 24.76  
461 to 5.00 wt.% respectively. Therefore, the combination of AH<sub>8</sub> and BH<sub>2</sub> hydrolysis  
462 reactions in this study may be established as an appropriate method in order to isolate  
463 pulp rich in cellulose from OTP biomass. This purification is reflected by the change of  
464 colour of OTP after the consecutive AH<sub>8</sub> and BH<sub>2</sub> treatments (Figure 3).

### 465 3.3. *Characterisation of OTP biomass at each stage of treatment*

#### 466 3.3.1. *Scanning Electron Microscopy*

467 The chemical treatments also induced structural and morphological changes in OTP  
468 fibres at the microscopic level. Figure 3A shows that OTP presents a compact surface  
469 with a somewhat rough texture formed by strongly bonded fibres, typical of  
470 lignocellulosic biomass [31][32][33]. The AH<sub>8</sub> treatment involves a loss of the most  
471 superficial layers of the OTP fibres and an increase in the surface roughness by separating  
472 the bundles of fibres (Figure 3B). This is related to the partial elimination of non-  
473 cellulosic components such as lignin, hemicellulose, pectin and waxes from outer layers.  
474 Finally, BH<sub>2</sub> reaction led to an additional removal of non-cellulosic compounds, thus  
475 causing the swelling of the fibre bundles and their almost total separation into individual  
476 fibres of smaller diameter (Figure 3C). This swelling process facilitates the disintegration  
477 of the fibres into a smooth-surfaced fibrillary structure, indicative of greater removal of  
478 impurities [47]. This agrees with the results obtained in the previous chemical  
479 characterisations that revealed a small amount of hemicellulose and lignin remaining in  
480 the solid.

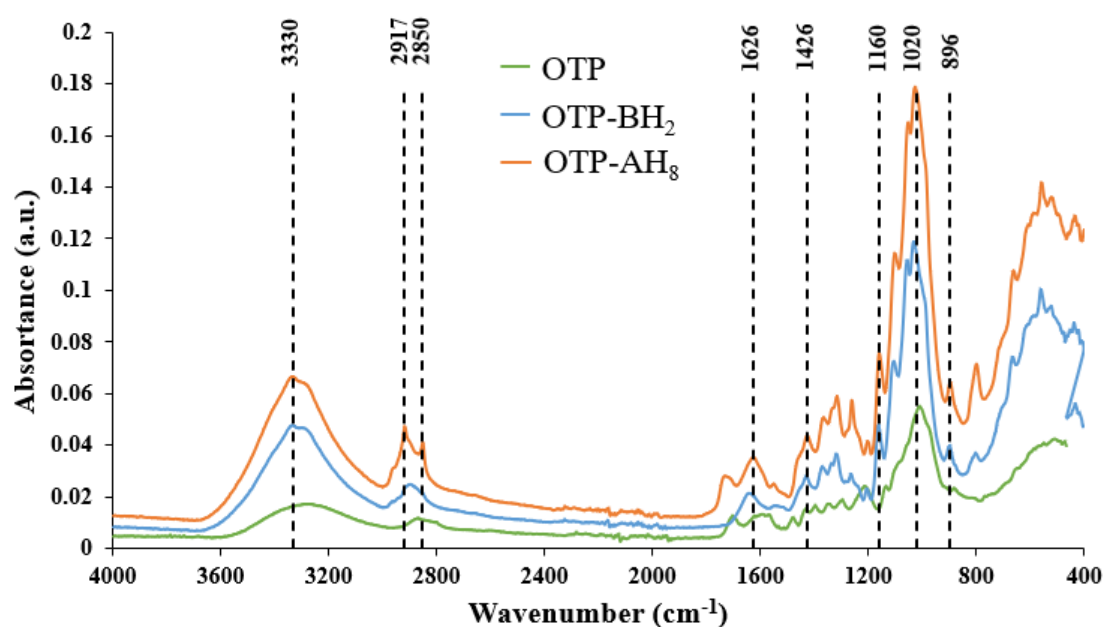


481 **Figure 3.** Scanning electron micrographs of untreated OTP fibres (A), AH<sub>8</sub>-treated fibres (B),  
 482 and BH<sub>2</sub>-treated fibres (C).  
 483

484  
 485 **3.3.2. Fourier-Transformed Infrared Spectroscopy**

486 The characterisation of OTP, OTP-AH<sub>8</sub> and OTP-BH<sub>2</sub> fibres by means of FTIR  
 487 spectroscopy allowed to determine the influence of the selected acid and alkaline  
 488 treatments on the chemical structure of OTP. Figure 4 shows the FTIR spectra of the  
 489 different OTP biomass samples, in which the main characteristic bands of cellulose, lignin  
 490 and hemicellulose were easily identified. In addition, the chemical treatments led to  
 491 changes in the intensity of the bands, which indicates changes in the composition of the  
 492 fibres. The broad band at 3000-3700 cm<sup>-1</sup>, corresponding to the stretching vibration of –

493 OH bonds in cellulose, hemicellulose and lignin, reflects the hydrophilic character of the  
 494 fibres [32][48]. When comparing the spectra, it is observed that the area under the band  
 495 at 3100–3700  $\text{cm}^{-1}$  was intensified after the  $\text{AH}_8$  reaction, indicating that the fibres reacted  
 496 with the acid. As a consequence, there was an increase in the percentage of hydroxyl  
 497 groups, this effect being even greater after the alkaline treatment. The peak observed in  
 498 the region 2800-2900  $\text{cm}^{-1}$  is ascribed to the C–H stretching in the functional groups –  
 499  $\text{CH}_2$  and  $-\text{CH}_3$  of lignin and cellulose [32]. The bands at 1600-1740  $\text{cm}^{-1}$  are attributed to  
 500 the stretching of C=O bonds in acetyl and uranic-ester groups in hemicellulose, and to  
 501 the ferulic and *p*-coumaric acids in the lignin structure [48][49]. Because of this, the  
 502 absorption in this region is less intense in the spectra of OTP- $\text{AH}_8$  and OTP- $\text{BH}_2$  samples,  
 503 with lower contents of hemicellulose and lignin. As the samples were subjected to the  
 504 successive stages of the global chemical treatment, an increase in their hydrophilic  
 505 character was observed. This is determined by the increase in the size of the band  
 506 associated with the moisture absorption of the fibres, more specifically that located  
 507 between 1635-1650  $\text{cm}^{-1}$  [12].



508  
 509 **Figure 4.** FTIR spectra of untreated OTP fibres,  $\text{AH}_8$ -treated fibres, and  $\text{BH}_2$ -treated fibres.

510

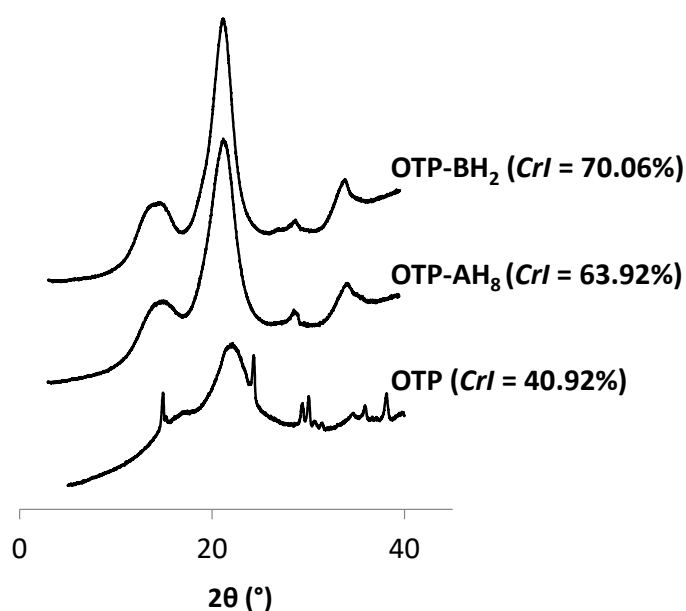
511 A similar effect is observed in the region 1400-1550  $\text{cm}^{-1}$ , which is related to the  
512 stretching vibration of the C=C bonds in the aromatic backbone of lignin [48]. The bands  
513 at wavenumbers 1240-1160  $\text{cm}^{-1}$  have been related to the vibration of the C–O bond of  
514 the acetyl groups present in lignin, and to the stretching and deformation of the C–O bond  
515 in cellulose and hemicellulose [49]. This band is very well defined in OTP fibres but, as  
516 above, the intensity of the spectra at this region is decreased in both OTP-AH<sub>8</sub> and OTP-  
517 BH<sub>2</sub> fibres. This phenomenon indicates that non-cellulosic components initially present  
518 in the OPT biomass were partially eliminated with the treatments. Finally, the peaks  
519 observed in the region of approximately 1100-1020  $\text{cm}^{-1}$  are associated to the C–O–C  
520 vibration of glycosidic ethers, and to the glycosidic links between monosaccharides in the  
521 cellulose skeleton. The appearance of this band in both original and treated biomass  
522 confirmed that the chemical treatments did not change the cellulose structure [33].  
523 Furthermore, the peak at approximately 890  $\text{cm}^{-1}$  is also related to  $\beta$ -glycosidic bonds  
524 between glucose molecules in the cellulose chains [32].

525 It can be said from these results that there were no significant variations between the  
526 spectra in terms of the location of the main peaks, but significant changes in their intensity  
527 were found. It indicates that hemicellulose, lignin and other impurities on the fibre surface  
528 were partially removed as a result of the treatments, without introducing new chemical  
529 functionalities.

### 530 3.3.3. *X-Ray Diffraction*

531 Cellulose has a semi-crystalline structure represented by cellulose I crystalline domains  
532 with adjacent H-bonded chains embedded in an amorphous matrix [50]. The crystalline  
533 structure of the different OTP samples was investigated by XRD. XRD patterns of OTP,  
534 OTP-AH<sub>8</sub> and OTP-BH<sub>2</sub> showed 3 peaks typical of cellulose I at  $2\theta$  values of  
535 approximately  $16^\circ$  (corresponding to the (110) reflection plane),  $22.5^\circ$  (attributed to the

536 (200) lattice plane of cellulose sheets), and  $34.5^\circ$  (sensitive to the alignment of chains into  
537 the fibrils) (Figure 5) [3]. The similarity of the diffractograms indicates that the  
538 polymorphism of cellulose I is maintained after the hydrolysis treatments [32]. On the  
539 other hand, the intensity of the peaks is higher for the fibres after chemical treatments,  
540 especially for the fully hydrolysed OTP-BH<sub>2</sub> sample. This is consistent with the *CrI*  
541 values, which varied from 40.92% for OTP to 71.06% for OTP-BH<sub>2</sub> in accordance with  
542 the progressive elimination of amorphous components with the treatments [33]. A recent  
543 study found *CrI* 60.26% for NaOH-OTP pulp [33], and in the range 74.8-83.1% for  
544 cellulose nanocrystals synthesized from OTP biomass [5]. Moreover, the cellulose *CrI*  
545 reported in this work is comparable with those for other lignocellulosic biomasses from  
546 varied sources [6][32][43][51].



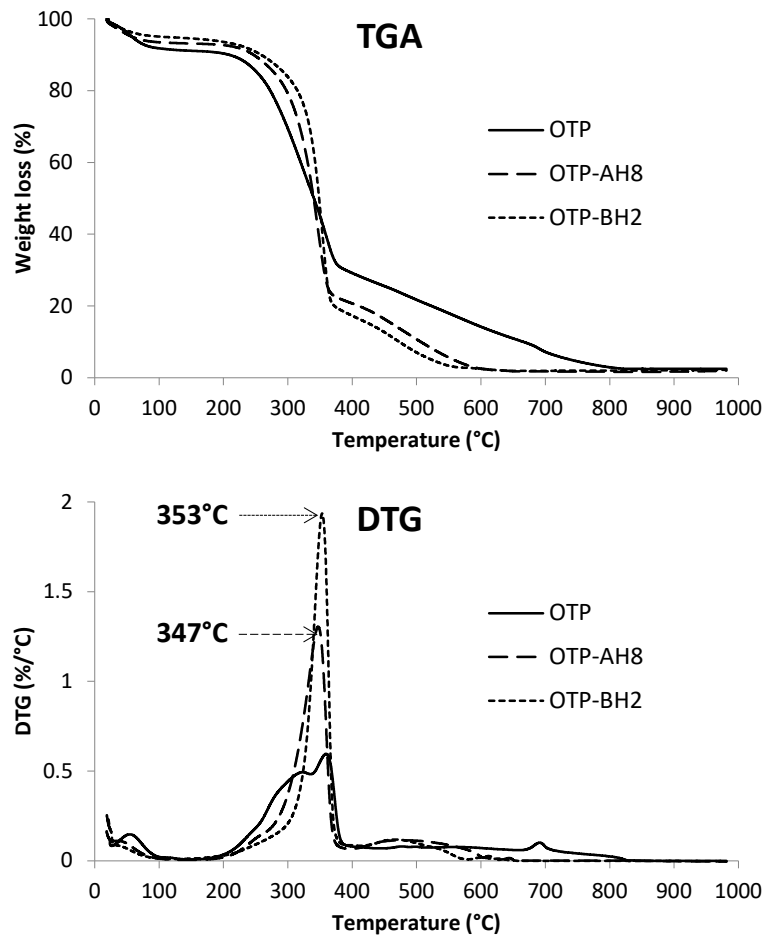
547 **Figure 5.** X-Ray Diffractograms of untreated OTP fibres (bottom), OTP-AH<sub>8</sub> fibres (middle),  
548 and OTP-BH<sub>2</sub> fibres (top), and their respective crystallinity indexes (*CrI*).  
549

550

#### 551 3.3.4. Thermogravimetric Analysis

552 TGA was performed to evaluate the thermal stability of OTP biomass at each stage of  
553 treatment. The initial weight loss below  $100^\circ\text{C}$  in Figure 6 is related to the evaporation

554 of volatile compounds, and water retained in the fibres. This peak is more visible for  
 555 untreated OTP due to its stronger hydrophilic character. Subsequently, degradation of  
 556 cellulose, hemicellulose and lignin occurred between approximately 200 and 400 °C. In  
 557 the case of raw OTP fibres, this event appears as a broad band due to its higher content  
 558 of hemicellulose, lignin and other non-cellulosic compounds. As reported by some studies  
 559 [32][50], the degradation of hemicellulose and lignin may be masked by the main  
 560 degradation peak of cellulose. Therefore, this peak became narrower as the chemical  
 561 treatment of the fibre progressed.



562 **Figure 6.** TGA and DTG curves of untreated OTP fibres, OTP-AH<sub>8</sub> fibres, and OTP-BH<sub>2</sub> fibres.  
 563

564 As observed in the DTG curves, the three samples presented a  $T_{onset}$  temperature around  
 565 200 °C. However, the maximum degradation temperature ( $T_{max}$ ) was dependent on the  
 566 chemical composition of the fibres. OTP did not present a defined value, whereas  $T_{max}$   
 567

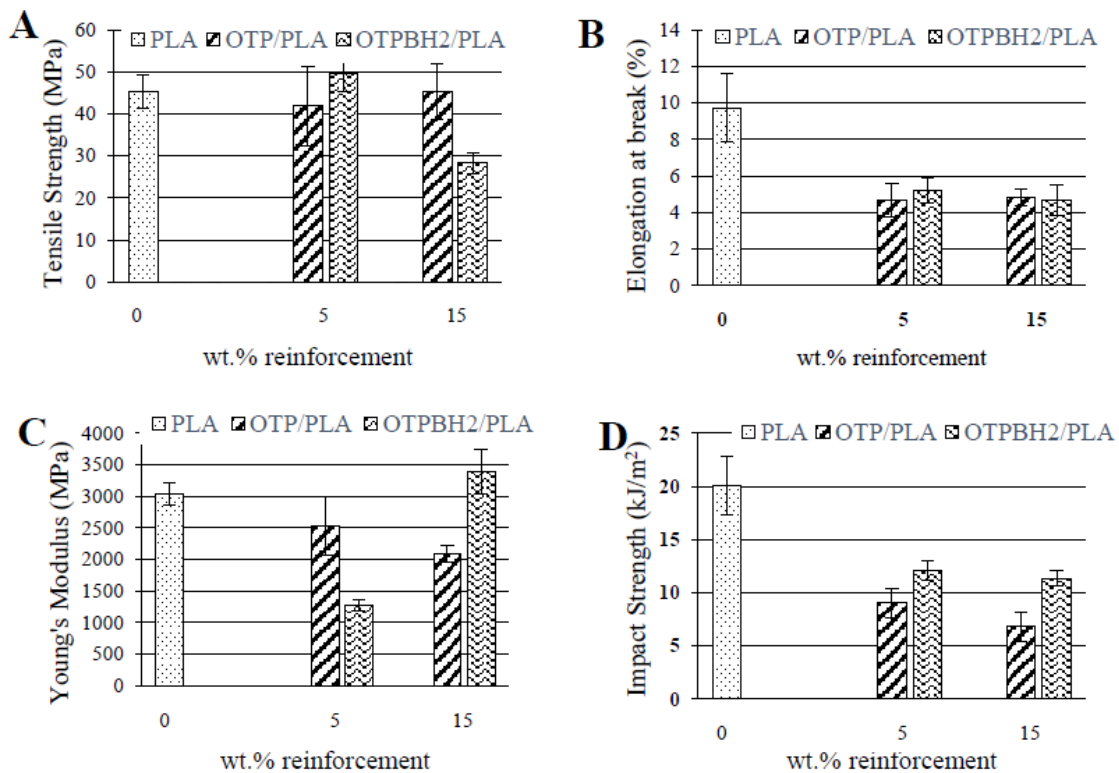
568 for OTP-AH<sub>8</sub> and OTP-BH<sub>2</sub> was 347 °C and 353 °C respectively (Figure 6). This is  
569 consistent with the progressive elimination of non-cellulosic components with lower  
570 thermal stability than cellulose [12][31][32][33][48], and agrees with previous results  
571 observed in FTIR and XRD. Our findings coincide with that from Sánchez-Gutiérrez et  
572 al. (2020) who reported a  $T_{max}$  of 348 °C for a cellulosic pulp extracted from OTP biomass  
573 with 16% NaOH at 170 °C [42]. Finally, it is also remarkable to mention the higher  
574 residue amount of unhydrolysed OTP, which has been associated with a higher carbon  
575 content in the fibres and with the presence of ash and lignin [31][33].

### 576 3.4. Characterisation of PLA and bicomposites

#### 577 3.4.1. Mechanical properties

578 Figure 7 shows the value of those parameters obtained from the tensile and impact tests:  
579 tensile strength, elongation at break, Young's modulus and impact strength. Tensile  
580 strength (Figure 7-A) increased with the addition of 5 wt.% OTPBH<sub>2</sub> by 9.4%, however  
581 when 15 wt.% OTPBH<sub>2</sub> was reached, it is reduced by 37.7%. The reduction in the tensile  
582 strength value when the OTPBH<sub>2</sub> content increases in the biocomposite is mainly due to  
583 the fact that a higher percentage of the load induces the self-aggregation of the cellulose  
584 particles, due to the formation of hydrogen bonds [52]. Elongation at break (Figure 7-B)  
585 also decreased with the addition of OTPBH<sub>2</sub>. When it comes to OTP as filler, tensile  
586 strength remains below that of pure PLA. The reduction in the tensile strength and the  
587 elongation at break with increasing fibre content may be due to the reduction in L/D ratio  
588 in the cellulose fibres. The reduction of the L/D ratio occurs because a high content of  
589 this filler generally causes a mechanical breakage of the fibres due to the friction that  
590 takes place between the fibres themselves, which in turn ultimately leads to a poor stress  
591 transfer from the fibre to the matrix [53]. Young's Modulus (Figure 7-C) decreased with  
592 the incorporation of 5 wt.% OTPBH<sub>2</sub>, and increased when 15 wt.% was reached.

593 However, in the case of those samples with OTP, there was no increase in Young's  
 594 Modulus. Therefore, the improvement in terms of mechanical properties by removing  
 595 hemicellulose and lignin from the lignocellulosic fibres was due to a better interaction  
 596 between the fibre and the polymer matrix, as reported by other authors [54]. The presence  
 597 of cellulose fibres restricted the mobility of PLA polymer chains, reducing free volume,  
 598 resulting in poor stress transfer and resulting in increased stiffness in biocomposites [19].  
 599 The impact strength (Figure 7-D) of the biocomposite decreased with the presence of OTP  
 600 and OTPBH<sub>2</sub>, this decrease being more significant when the load percentage increased.  
 601 This is due to the presence of stress concentrators at the fibre-matrix interface, which  
 602 promotes the initiation of the fracture [55]. Reinforcement with fibres with a higher  
 603 cellulose content improves impact strength of biocomposites compared to untreated OTP  
 604 fibres. This improvement is greater for 15 wt.% of reinforcement, being 67% with respect  
 605 to the OTP. In addition, the impact resistance value is maintained by increasing the  
 606 percentage of reinforcement with OTPBH<sub>2</sub>.

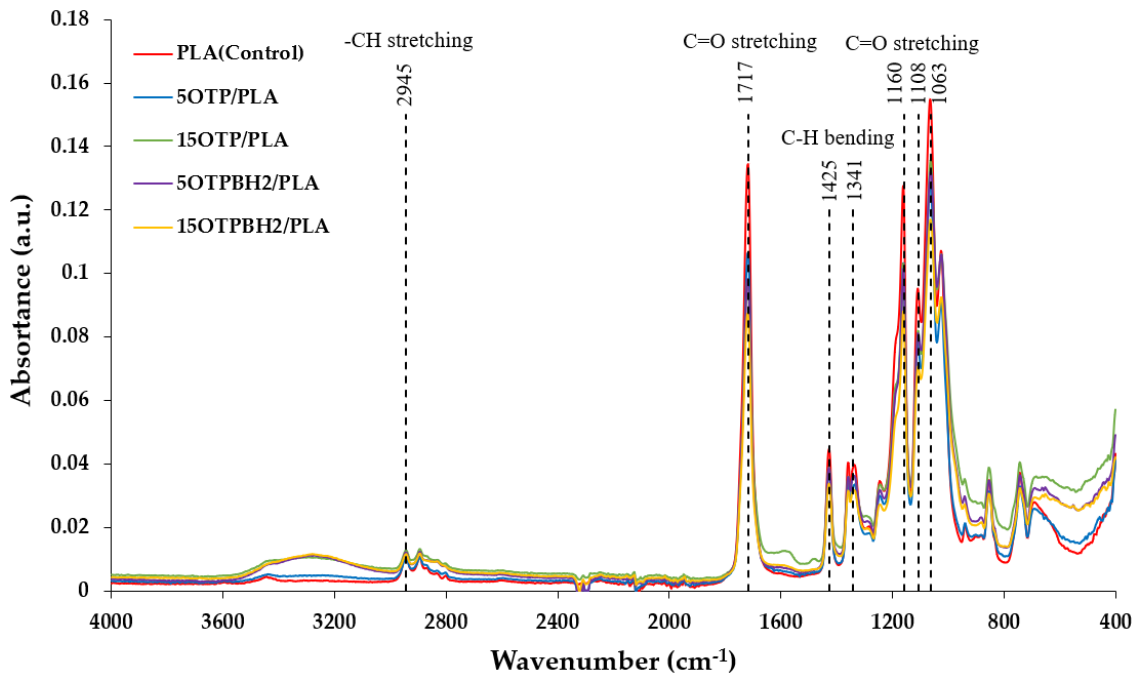


607

608 **Figure 7.** Mechanical properties of PLA and biocomposites: (A) Tensile Strength; (B)  
609 Elongation at break; (C) Young's Modulus; (D) Impact Strength.

610  
611 3.4.2. *Structural and morphological analysis*

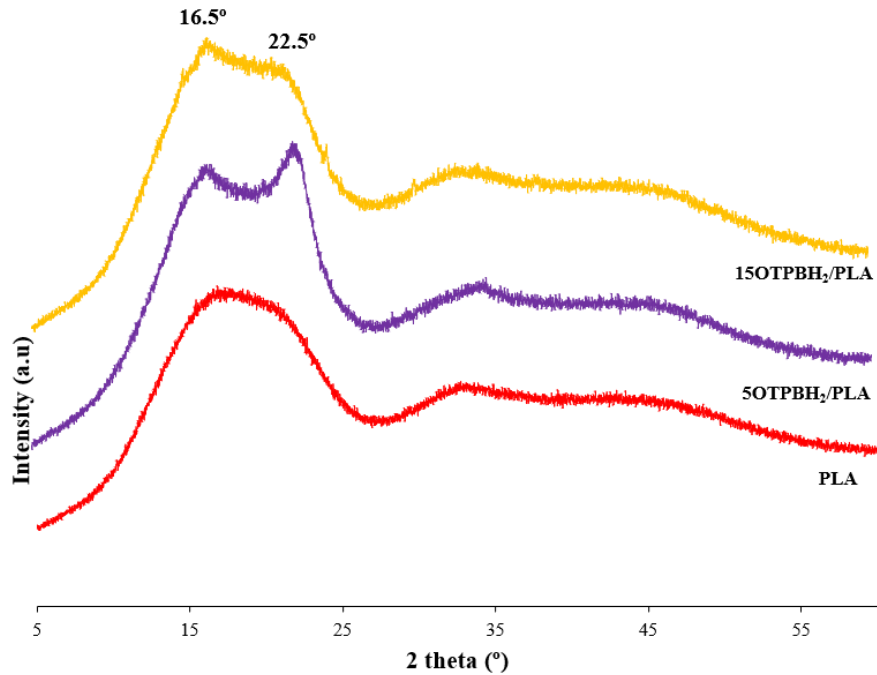
612 Figure 8 shows the FT-IR spectra of the PLA and the PLA-based biocomposites. The  
613 main peaks attributed to PLA matrix are identified at 2910 and 1717  $\text{cm}^{-1}$ , corresponding  
614 to the -CH and C=O groups, respectively [56]. Those bands attributed to the vibration of  
615 the -CO groups, located at 1160, 1108 and 1063  $\text{cm}^{-1}$ , were also identified [57]. The  
616 spectrum of all the biocomposites shows a similar trend in terms of the position of the  
617 peaks. However, there is a broadening in the region of 3000-3600  $\text{cm}^{-1}$  associated with  
618 the presence of -OH groups. There is also a variation of the intensity of the peaks, which  
619 demonstrates that the incorporation of the fibres does not generate a substantial change in  
620 the chemical composition of the developed biocomposites [58].



621 **Figure 8.** FT-IR spectra of biocomposites.  
622

623 The XRD patterns obtained are shown in Figure 9.

624



625

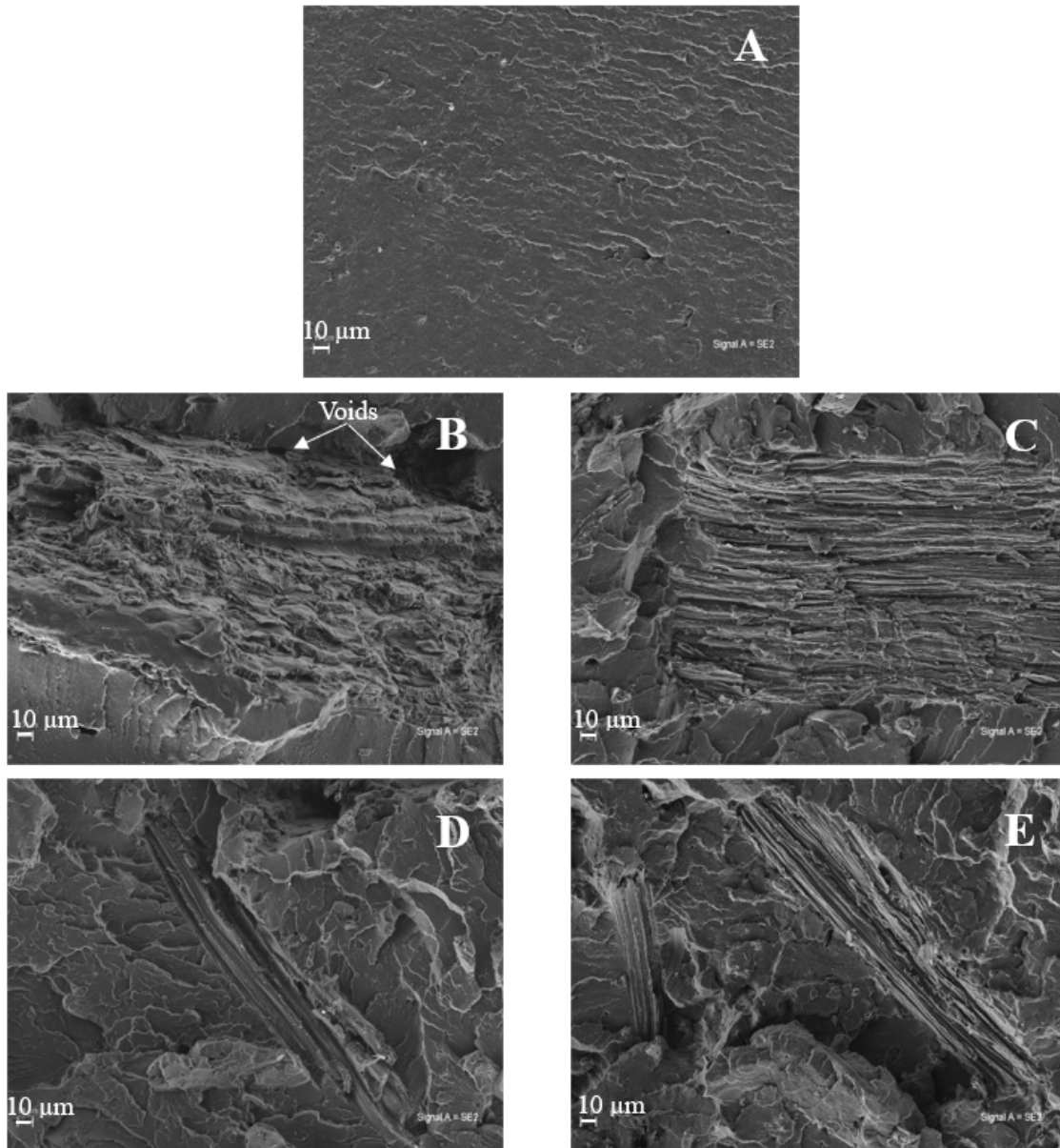
626

**Figure 9.** XRD of biocomposites.

627

628 XRD pattern for PLA revealed a wide hump for  $2\theta$  values around  $16.4^\circ$ , without a  
629 discernible crystalline peak, which can be associated with the crystallographic plane  
630  $[211]/[110]$ , typical of a semi-crystalline polymer [19][59]. In the spectra of those  
631 samples containing OTPBH<sub>2</sub>, the appearance of two main peaks located at  $16.5^\circ$  and  $22.5^\circ$   
632 was observed, which is indicative of the presence of type I cellulose, indicative of a  
633 polymorphic structure in the biocomposites [48].

634 The morphology of the fracture surfaces resulting from the Charpy impact resistance tests  
635 carried out on the materials are shown in Figure 10. Both the OTP and OTPBH<sub>2</sub>  
636 reinforcement are covered by layers of the PLA matrix, however, those materials  
637 manufactured with untreated fibre presents a less continuous fracture surface, a greater  
638 number of voids (Figures 10B and 10D) and worse adhesion between fibre and matrix  
639 than in the case of those materials made with chemically treated fibre [60].



640 **Figure 10.** SEM of biocomposites: (A) PLA(Control); (B) 5OTP/PLA; (C)5OTPBH<sub>2</sub>/PLA; (D)  
 641 15OTP/PLA; (E)15OTPBH<sub>2</sub>/PLA.  
 642

643 *3.4.3. Thermal properties*

644 The thermal properties obtained from the DSC curves of PLA and the fabricated  
 645 biocomposites (Figure 11) are shown in Table 5.

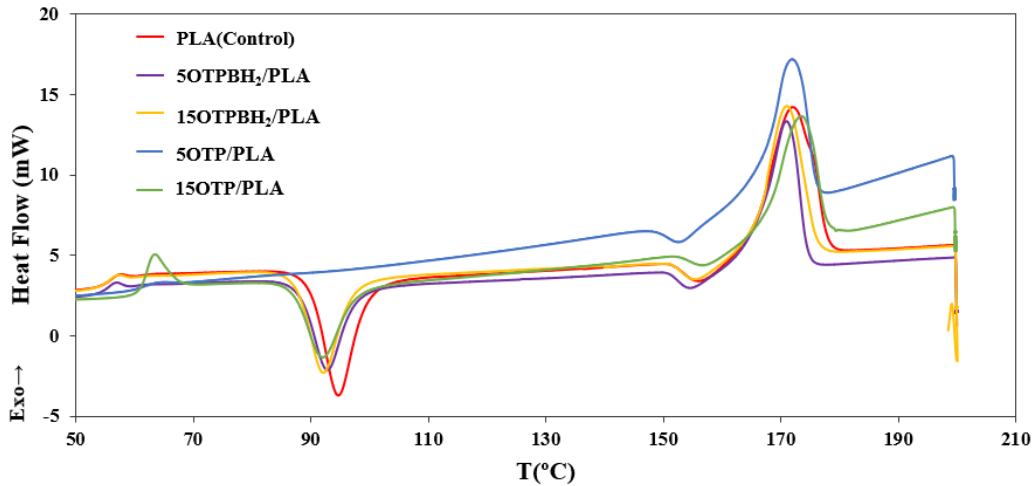
646 **Table 5.** Thermal properties obtained from PLA and biocomposites DSC curves

Material Reference	T <sub>c</sub> (°C)	T <sub>m</sub> (°C)	ΔH <sub>m</sub> (J/g)	ΔH <sub>c</sub> (J/g)	W <sub>c</sub> (%)
PLA (Control)	94.63	172.00	35.48	21.08	38.44
5OTP/PLA	-	171.96	47.73	-	54.48
5OTPBH <sub>2</sub> /PLA	92.74	171.05	35.43	20.45	40.44

15OTP/PLA	92.05	173.54	34.67	16.77	44.32
15OTPBH <sub>2</sub> /PLA	92.08	171.00	30.68	18.59	39.21

647

648



649

650

651

**Figure 11.** Thermograms resulting from the DSC performed on PLA (Control) and biocomposites.

652

653 Addition of OTPBH<sub>2</sub> to PLA caused a reduction of  $\Delta H_m$  by 13.5% compared to pure

654 PLA, since the incorporation of fibres shortens the PLA polymer chains and decreases

655 their mobility [19]. The peaks corresponding to the melting and crystallisation processes

656 changed to lower temperatures after the incorporation of OTP with and without treatment.

657 For the case of the addition of 15 wt.% OTPBH<sub>2</sub>,  $T_c$  decreased from 94.63 °C to 92.08

658 °C and  $T_m$  from 172.0 °C to 171 °C, indicating that both type of OTP, with and without

659 treatment, presented a nucleation effect on the growth of PLA spherulites [53]. In

660 addition, they also act as starting points for crystal growth, resulting in earlier

661 crystallisation of biocomposites, as a consequence of the decrease in  $T_c$ . PLA crystallinity

662 increased from 38.44% to 40.44% with the addition of OTPBH<sub>2</sub>, confirming the role of

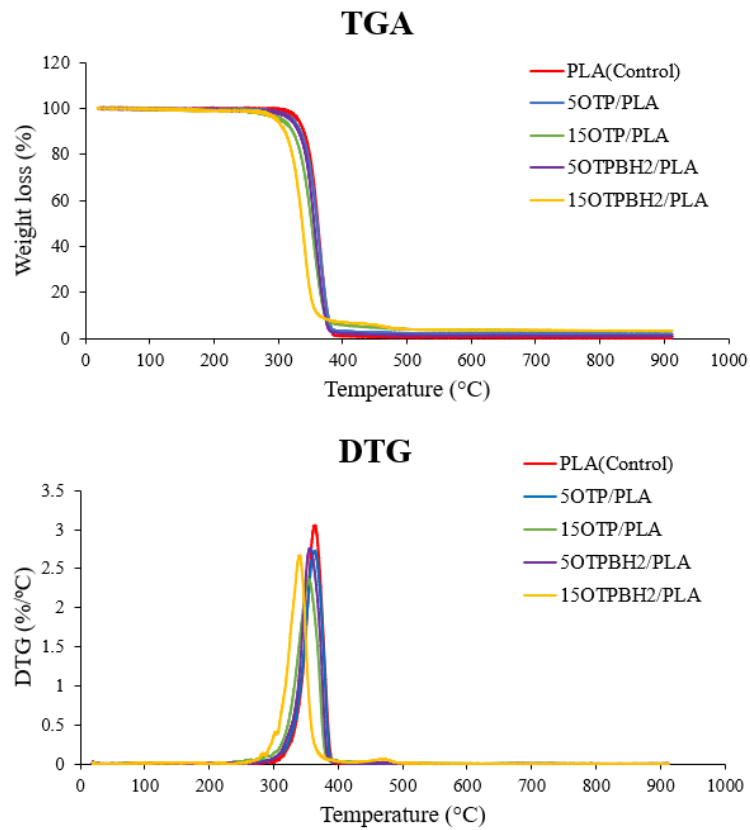
663 cellulose as a nucleating agent that promotes PLA crystallisation [59][61]. Also, the

664 extrusion process and the subsequent injection moulding, generated an improvement in

665 the orientation of the fibres and in the molecular orientation of the polymer chains,

666 resulting in the improvement of crystallinity [48].

667 TGA tests were carried out to analyse the thermal degradation of the PLA(control) and  
668 the manufactured biocomposites. Figure 12 and Table 6 shows the loss of mass of the  
669 different materials as a function of temperature and the resulting derivative  
670 thermogravimetric (DTG). The first mass loss observed in the samples is slight, occurs a  
671 little before reaching 100 °C and can be attributed to the moisture loss of each sample.  
672 The main loss of mass of the samples takes place between 300-400 °C, and corresponds  
673 mainly to the degradation of the polymer matrix [62][63]. T<sub>d,i</sub> begins of the PLA takes  
674 place at 331 °C, decreasing this value with the incorporation of the reinforcement, said  
675 decrease being greater in the case of a 15 wt.% reinforcement. The addition of the  
676 reinforcement led to a lower degradation temperature of the material and to an increase  
677 in the residual mass, as shown in Table 6. No further loss of mass was observed above  
678 500 °C in any of the samples, indicating that the polymer transformed into char at this  
679 point. Those biocomposites fabricated with untreated fibre present a T<sub>d,i</sub> around 312-326  
680 °C, while the biocomposites with treated fibre present an extended range between 299-  
681 226 °C. This indicates that the incorporation of fibre causes a decrease in the relative  
682 molecular mass of PLA [64]. The residual mass is greater as the percentage of  
683 reinforcement increases and the treatment of the fibre is carried out. This is due to the fact  
684 that the fibre without treatment, as it contains a higher content of lignin and hemicellulose,  
685 generates less residual mass [63]. The decrease in the degradation temperature when  
686 incorporating lignocellulosic residues, this being higher after carrying out a cellulose  
687 purification treatment, was previously reported by other authors [64].



688

689

**Figure 12.** TGA and DTG curves of PLA(Control) and biocomposites.

690

**Table 6.** Thermal properties of PLA and biocomposites obtained from TGA

Material Reference	$T_{d,i}$ (°C)	$T_{d,max}$ (°C)	$T_{d,f}$ (°C)	Solid residue (wt.%)
PLA (Control)	331.21	363.46	380.41	0.12
5OTP/PLA	325.56	363.16	378.11	1.86
5OTPBH <sub>2</sub> /PLA	325.74	356.32	374.50	0.91
15OTP/PLA	312.79	354.17	371.67	3.16
15OTPBH <sub>2</sub> /PLA	299.73	340.06	361.19	3.29

691

#### 692 3.4.4. Water absorption

693 The results obtained from the  $c$  determination tests for the different materials tested are

694 shown in Table 7.

695

**Table 7.** Water absorption properties of PLA and biocomposites

Material Reference	$c$ (%)
PLA (Control)	0.5932±0.0149
5OTP/PLA	1.0210±0.0519
5OTPBH <sub>2</sub> /PLA	0.6358±0.0281

---

15OTP/PLA	1.1791±0.0213
15OTPBH <sub>2</sub> /PLA	0.7911±0.0065

---

696

697 The results in the table above corroborate the hydrophobic nature of PLA [64]. From the  
698 above data it can also be deduced that the water absorption capacity increases as the fibre  
699 weight percentage increases, mainly due to the hydrophilic nature of the fibre as it  
700 contains a large amount of -OH groups [62]. Those biocomposites made from treated  
701 fibre present a lower c value than those containing untreated fibre. This indicates that the  
702 chemical treatment decreases the water absorption capacity of the fibre. The treatment  
703 carried out for the purification of the cellulose directly affect the -OH groups of the fibre,  
704 decreasing its hydrophilic character, and therefore that of the corresponding  
705 biocomposites. This same effect has been reported by other authors after performing an  
706 alkaline treatment [64].

#### 707 **4. Conclusions**

708 According to the results presented above, it can be concluded that OTP biomass presents  
709 outstanding characteristics in terms of composition to be considered as a suitable source  
710 for obtaining cellulose. An efficient procedure for the extraction and purification of  
711 cellulose from OTP was successfully developed, this process being based on hydrolysis  
712 with HNO<sub>3</sub> followed by subsequent treatment with NaOH. The reaction time, temperature  
713 and HNO<sub>3</sub> concentration in the acid hydrolysis reaction were optimised using RSM  
714 methodology for the maximisation of hemicellulose and lignin removal, and the  
715 minimisation of the cellulose hydrolysis. Subsequent alkaline treatment under specific  
716 conditions allowed to obtain a final solid with a high purity in cellulose (83.28 wt.%) and  
717 a very low percentage of lignin (5.00 wt.%), whereas the hemicellulose content was  
718 practically negligible (0.5 wt.%).

719 The characterisation of the raw OTP fibres and after each treatment by different analytical  
720 techniques, namely SEM, FTIR, XRD and TGA, confirmed the changes produced in the  
721 chemical composition and structure of raw the OTP fibres as a consequence of the  
722 hydrolysis procedure. The cellulosic fraction isolated had high both crystallinity and  
723 thermal stability and, therefore, it may be considered for further conversion on cellulose  
724 derivatives with application in varied industrial sectors such as papermaking or plastic-  
725 related industries.

726 The introduction of high percentages (15 wt.%) of this treated fibre within a PLA matrix  
727 to obtain biocomposites implies a significant reduction in tensile strength, so when the  
728 percentages introduced are low (5 wt.%), a slight increase in this property can be  
729 achieved. When it comes to untreated fibre, elongation at break and impact strength  
730 values were significantly reduced in the same way, which was due to the presence of  
731 stress concentrators at the fiber-matrix interface. However, the tensile strength values  
732 were maintained. The value of the Young's modulus was significantly reduced for low  
733 percentages of fibre and increased for high percentages of treated fibre. In general, the  
734 reinforcement with OTP did not produce any significant increase in the mechanical  
735 properties for any of the reinforcement percentages. The only improvement of the  
736 mechanical properties of the tested PLA-based biocomposites occurred when the non-  
737 cellulosic compounds were previously removed from the OTP, as a consequence of a  
738 better interaction between the fibre and the polymer matrix. The FTIR analyses do not  
739 show significant changes in the chemical composition of the biocomposites due to the  
740 incorporation of the reinforcements. XRD analyses demonstrate the presence of type I  
741 cellulose in the biocomposite with treated fibre. The SEM images obtained from the  
742 fracture surfaces of the tested specimen show good fibre-PLA cohesion, being even  
743 higher when the OTPBH<sub>2</sub> is used. DSC curves obtained indicate that the incorporation of

744 OTPBH<sub>2</sub> favours the shortening and reduction of the mobility of the PLA chains, which  
745 translates into a reduction of up to 13.5% of AH<sub>m</sub>. In addition, there is a slight decrease  
746 in both T<sub>c</sub> and T<sub>m</sub> as a consequence of the OTP, both chemically treated and untreated,  
747 has a nucleating effect on the growth of PLA spherulites. Said nucleating effect also gives  
748 rise to an increase in the crystallinity values of the material, which are also favoured by  
749 the orientation of the polymer molecules that occurs during the extrusion process. The  
750 resulting TGA curves shows a slight decrease in the degradation temperature of the  
751 biocomposites due to the presence of fibre, this decrease being more significant in the  
752 case of treated fibre. The percentage of solid waste at the end of the TGA analysis is lower  
753 in the case of biocomposites reinforced with treated fibre, due to the elimination of non-  
754 cellulosic components as a result of the chemical treatment. In terms of water absorption  
755 capacity, those biocomposites containing untreated fibre present higher values, therefore,  
756 the incorporation of fibres with a high cellulose content improves biocomposite  
757 hydrophobic tendency.

#### 758 **Data Availability**

759 All data is freely available by contacting the corresponding author.

#### 760 **Acknowledgements**

761 The authors thank the financial support provided by the BIONANOCEL project of  
762 Fundación Andaltec I+D+I (Spain) and the technical assistance from CICT (University  
763 of Jaén, Spain).

#### 764 **Funding**

765 This work was supported by the regional government of Andalusia (southern Spain)  
766 [grant code PY18-RE-0016] through European Regional Development Fund.

#### 767 **Competing Interest**

768 The authors declare that they have no known relevant financial or non-financial interests  
769 to disclose that could have influenced the work reported in this paper.

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