

27 two faces. The results for individual faces showed significant differences in how ASD
28 children look at the eyes of faces, rather than differences in the total duration of the
29 gaze; they are faster in terms of their first gaze and exhibit a longer average fixation
30 time when gazing at the eyes of dogs compared with those of humans.

31 Both human and dog faces were processed atypically in children with ASD, who
32 seemed to engage with dogs more rapidly, and for extended periods. This suggests
33 possible social-communicative benefits of human-dog interactions for people with
34 autism, from a visual processing point of view.

35

36 **Keywords:** Human-animal interaction, autism spectrum disorder, ASD, dogs, eye
37 tracking

38

39 **Introduction**

40 Autism spectrum disorder (ASD) is a developmental condition with symptom onset in
41 early childhood. A core characteristic of ASD diagnosis is a persistent deficit of socio-
42 communicative abilities (5th ed.; DSM-5; American Psychiatric Association, 2013).
43 One possible explanation for these difficulties is that the processing of highly socially
44 informative areas of others is affected, which impacts understanding of and access to
45 social interactions.

46

47 Visual processing of human faces in children with ASD is characterized by a lower
48 total time and number of fixations to the eyes compared with neurotypical (NT) children
49 (Dalton et al., 2005; Jones et al., 2008; Chawarska & Shic, 2009; Noris et al., 2011;
50 Rice et al., 2012). These children also paid more attention to an image's background
51 and socially non-relevant stimuli, such as geometrical patterns and stimuli related to

52 their specific interests, than NT children (Celani, 2002; Shic et al., 2011; Moore et al.,
53 2018; Mo et al., 2019).

54 Additionally, children with ASD showed higher intra-subject variability in gaze
55 patterns compared with NT children, who showed stereotyped and predictable patterns
56 (Nakano et al., 2010; Noris et al., 2012). These divergences from normal gaze
57 development are exhibited in children as young as 6 months of age, and can therefore
58 serve as a marker of autism in early childhood (Klin et al., 2002; Jones & Klin, 2013).

59

60 The atypicality of gaze in children with ASD could negatively affect the development
61 of social cognition, thereby hindering interpretation of others' emotional states and
62 intentions, as well as complex situations and non-verbal communicative cues
63 (Papagiannopoulou et al., 2014; Madipakkam et al., 2017). However, several studies
64 have reported a positive correlation between canine-assisted interventions and
65 improved socio-communicative skills in people with autism (Hill et al., 2018; London
66 et al., 2020; Nieforth et al., 2021). It has been reported that children with ASD display
67 more social and prosocial behaviors in the presence of an animal compared with other
68 stimuli (Grandgeorge et al., 2015; O'Haire et al., 2013; Prothmann et al., 2009;
69 Germone et al., 2019).

70

71 Verbal and non-verbal communication, social smiling, and visual contact skills all
72 improved after these interventions, which were performed in conjunction with, or
73 instead of, more traditional approaches (Grigore & Rusu, 2014). Against this
74 background, we wondered whether adaptive advantages associated with the visual
75 processing of dog faces could explain these results, and therefore serve as a useful
76 adjunct to other interventions.

77

78 Several studies found a preference for interactions with, and greater social orienting
79 toward, an animal compared with toys and human faces (Prothmann et al., 2009;
80 Valiyamattam et al., 2020). This could be explained by the lower complexity of animal
81 expressions, as well as the lower demand for social and verbal interaction. It is also
82 possible that the hormone oxytocin plays a role in this preference. Interactions with
83 animals, especially pets, can increase the level of oxytocin in both humans and animals
84 (Odendaal, 2000, Odendaal & Meintjes, 2003; Nagasawa et al., 2009; Beetz et al.,
85 2012). Among other positive social effects, oxytocin increased eye contact and social
86 visual orientation in people with autism (Domes et al., 2013; Strathearn et al., 2018).
87 Therefore, the children might have preferred to look at animals, including at the eyes,
88 due to an increase in oxytocin levels.

89

90 Another explanation for this preference is the increased attention paid to
91 anthropomorphized non-human stimuli by individuals with ASD, including animals.
92 Anthropomorphizing objects and animals increased self-efficacy in social areas, and
93 allowed access to social stimuli in a less direct way than gazing directly at faces, for
94 example (Atherton & Cross, 2018; Cross et al., 2019) Greater orientation toward the
95 face of animals translates to increased recognition of emotions in animals (Davidson et
96 al., 2018; Cross et al., 2019) and increased success in theory of mind tasks (Atherton &
97 Cross, 2018).

98

99 How do children look at the faces of animals? Research on gaze patterns toward non-
100 human faces showed a higher total gazing time to dog eyes in both ASD and NT groups.
101 ASD children also showed a higher number of fixations to dog eyes compared with dog

102 mouths and human faces (Valiyamattam et al., 2020; Grandgeorge et al., 2016; Muszkat
103 et al., 2015; Whyte et al., 2016). A positive social response was also seen, i.e., more
104 fixations in children with ASD when the eyes of the animal were gazing directly
105 compared with the direct human gaze, suggesting less aversion to animal eyes
106 (Valiyamattam et al., 2020). However, not all animals elicited the same facial
107 processing. Children with ASD seemed to look at their pets' faces more than NT
108 children, and more towards their cats' than their dog's faces. The higher number of
109 fixations to their cat could be explained by the shorter gaze of cats compared with dogs
110 towards people, which may be experienced as less invasive by children with ASD
111 (Grandgeorge et al., 2020).

112

113 This study aimed to collect data about the automatic gaze patterns of children with ASD
114 when looking at images of humans and dogs, both when they appeared alone and when
115 they were in competition with another social stimulus. We presented two categories of
116 faces on the screen to be recorded by an eye tracker: individual faces (human adult,
117 child, or dog) and pairs of faces (adult and dog).

118 This study explored, in individual faces, the total time spent gazing at the area of the
119 eyes, the time taken to orient the gaze toward the eyes (latency), and the average time
120 spent exploring the area of the eyes (average continuous gaze time).

121 For the pairs of faces presented at the same time, we were interested in how each group
122 explored the faces overall, as well as the stimuli that they oriented toward the most. We
123 analyzed the total gaze time according to the location of the face on the screen and type
124 of stimuli (human or dog). We also assessed the number of times each group shifted
125 their visual attention from one face to another (transitions).

126

127 In line with previous research, we expected a higher gaze time (dwell time) on the eyes
128 of dog faces in the NT group compared with the ASD group. Within the ASD group,
129 we hypothesized that there would be a higher gaze time for dog faces compared with
130 human faces, for both adults and children (Grandgeorge et al., 2016; Valiyamattam et
131 al., 2020)

132

133 Children with ASD showed a higher gaze time and number of fixations on animal eyes
134 even when the gaze was direct; we expected a faster first gaze (shorter latency) in the
135 ASD group, and a longer continuous gaze on the eyes when looking at dog faces
136 compared with human faces. We also expected differences in the average continuous
137 gaze time between groups, with a longer gaze without leaving the AOI of the eyes
138 anticipated in the NT group across all categories of faces. We also expected group
139 differences in the latency of the first gaze toward the eyes, with a shorter latency
140 anticipated for the first gaze in the NT group (Falck-Ytter et al., 2015)

141

142 We hypothesized that when presented with pairs of faces, a left visual bias would not
143 be present in children with autism, regardless of the combination of faces (Guillon et
144 al., 2014). We expected to encounter a higher number of attentional disengagements or
145 transitions between faces when one face in the pair was a dog due to their non-human
146 qualities and greater attention being paid towards them (Valiyamattam et al., 2020).

147

148 **Methods**

149 **Ethics Statement**

150 This study was reviewed and approved by the Committee of Ethics of the University of
151 Jaén (reference no. ABR.16/9). Written informed consent for all participants was

152 obtained from the parents/guardians of the children. The participants were informed
153 about the stimuli they were going to see and verbal consent for their participation was
154 requested. Participants could withdraw from the experiment if they experienced any
155 discomfort.

156

157 **Participants**

158 In total, 26 children participated in the study: 13 NT children (10 girls, 3 boys), and 13
159 children diagnosed with ASD (3 girls, 10 boys) (Table 1).

160 The NT children attended a local school in northern Spain and had not been diagnosed
161 with any developmental disorders or learning disabilities. The ASD children were
162 recruited from local associations and therapy centers within the same geographical area.

163 The children in the ASD group had a diagnosis of ASD, made by a neuro-pediatrician
164 according to the DSM-5® (American Psychiatric Association, 2013).

165 The age of the NT children ranged from 5 to 8.91 years ($M = 6.21$ years, $SD = 1.41$
166 years) and that of the ASD group ranged from 5 to 11.5 years ($M = 7.72$ years, $SD =$
167 2.36 years). The groups were matched in terms of their non-verbal level using the Test
168 of Nonverbal Intelligence, Second Edition (TONI-2) (Brown et al., 2009). The groups
169 were also matched in terms of their verbal level using the verbal subscale of Reynolds
170 Intellectual Assessment Scales (Reynolds & Kamphaus, 2009) to control for the
171 possible effect of excessive gaze to the mouth/decreased gaze to the eyes, since this
172 seems to be linked with language development in children with ASD (Falck-Ytter &
173 von Hofsten, 2011). In addition to diagnosis by a physician, children with ASD were
174 assessed using the Childhood Autism Rating Scale (Schopler et al., 1980) in terms of
175 the degree of autistic traits.

176

177 Visual difficulties that would affect the calibration or validation of the apparatus and
 178 fear towards dogs were exclusion criteria for participation. This information was
 179 provided by the parents of each child. Trials characterized by difficulties during
 180 calibration, excessive movement of the head or a missing data rate of 25% were
 181 considered invalid and excluded from the analysis.

182

183 Information about current treatments was collected from the participants in the ASD
 184 group (see Table 2). At the time of the study, all children attended mainstream schools.
 185 The native language of all participants was Spanish.

186

187 Table 1: Participants' demographic characteristics.

	NT group (N=13)	ASD group (N=13)	P value
Age (years)	6.21 (1.41)	7.72 (2.36)	0.07
Gender (M/F)	3/10	10/3	
Verbal level	101.69 (9.59)	93.54 (8.68)	0.09
NON-VERBAL level	114.69 (9.22)	108.77(11.83)	0.21
Autistic symptoms level (CARS)		32.6 (1.8)	

188 *Abbreviation: CARS, Childhood Autism Rating Scale (Schopler et al., 1980)*

189

190 Table 2: Treatments and support for children with ASD*.

	ASD group (N=13)
Educational support within the school	12 children
Psychological therapy	10 children
Speech therapy	8 children
Social skills training	7 children
Involvement in a specific ASD association	6 children
Occupational therapy	2 children

Psycho-pedagogical support	1 child
Pharmacological therapy	2 children

191 * Children attended multiple treatment sessions and support activities at the same time

192 **Setting**

193 The study was conducted in settings that were familiar to the children, i.e., in their
194 school (for NT children) or clinical center (for ASD children).

195

196 **Apparatus**

197 An eye tracker (iView RED 250 mobile 60 Hz system) was used in conjunction with a
198 19-inch screen; participants were positioned 70 cm from the screen. Before the images
199 were shown, a five-point calibration process was applied. The stimulus for the
200 calibration was an animated circle 0.7 cm in diameter that changed color as it moved
201 between the five points. The accuracy of the calibration process was established; a
202 maximum positional error of 0.5° was accepted for the stimuli.

203

204 **Procedure**

205 The children met the evaluator prior to the experiment, and their verbal and non-verbal
206 intelligence were assessed. For the eye tracker portion of the study, the children were
207 given the following instructions (in Spanish) by the evaluator: “We are going to play
208 the face game. On this screen, you will see faces of people and dogs; the only thing you
209 have to do is look at them, without moving your head or your body. Remember, you
210 can move your eyes, but not your head or body.”

211

212 **Images**

213 A total of 13 static slides were presented to the participants. Six of the slides were
214 presented individually: two adult faces (male/female), two child faces (male/female)

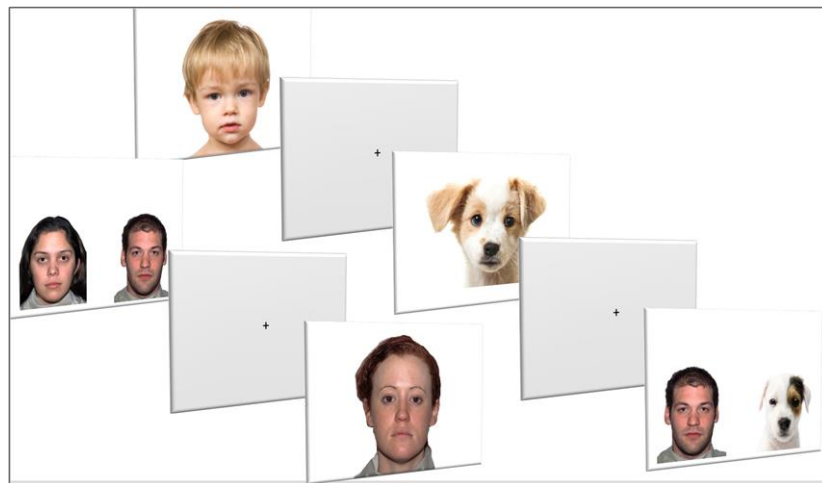
215 and two dog faces, and an adult dog face (Dalmatian) and puppy face (white and brown
216 mixed breed dog). The other seven slides were presented as pairs of faces (face pair
217 paradigm) using a selection of two adult human faces (female/male) and two adult dog
218 faces (golden retriever and Jack Russel terrier), rotating in pairs presented at the same
219 time (14 images).

220 The individual and paired faces were randomized and presented during a single
221 experiment. The positions of the human-animal/female-male faces were balanced to
222 avoid left visual bias and habituation effects in the face pair paradigm.

223 In the individual images, the gender and age of the individual human faces were taken
224 into consideration in each image. Due to the similar of appearance of dogs of different
225 genders, the dog images were not distinguished on the basis of gender, such that there
226 were only two categories of dog faces (adult and puppy). This led to the possibility of
227 greater visual orientation toward neotenized facial features (Borgi et al., 2014). We
228 tested for such an effect by plotting the gaze time toward adults (human male, human
229 female and adult dog) and infants (male child, female child and puppy). Independent t-
230 tests showed a significant difference between adult faces ($M = 6337.15$ $SD = 2594.20$)
231 and infant faces ($M = 8127$ $SD = 3292.38$) in the NT group ($p=0.02$); visual orientation
232 was greater toward neotenized features. Interestingly, the ASD group showed no such
233 orientation difference ($p=0.4$) between adult faces ($M = 4303.38$ $SD = 3165.87$) and
234 infant faces ($M = 5229$ $SD = 2328.07$), i.e., there was no neotenization effect. Due to
235 the retention of neotenized characteristics in some dog breeds until adulthood (Borgi &
236 Cirulli, 2016) we performed a 2×2 ANOVA between the adult dog and puppy faces;
237 no significant differences between the adult and puppy faces ($p=0.19$) were found and
238 there was no effect of combining the adult and puppy faces.

239

240 Each stimulus presentation lasted for 3 seconds, and was followed by a grey screen with
241 a cross in the center presented for 1 second. (Fig. 1)
242 The total presentation time was 90 seconds per child, including the calibration of the
243 apparatus, and it took 45 in total for the verbal and non-verbal assessments. Out of a
244 possible 91,000 gaze point observations (45,500 gaze points per group), approximately
245 84,500 were recorded successfully.



246
247

248 **Fig. 1. Example stimuli from the pair paradigm (from left to right): human-human, adult**
249 **individual, child individual, dog individual, human-dog pair.**

250

251 All faces were frontal and had a neutral expression. The background was white and the
252 pictures were 1920×1080 pixels. Adult face stimuli were taken from the NimStim
253 database of facial expressions (Tottenham et al., 2009), while child and dog faces were
254 retrieved from the internet. The images from the internet were matched in terms of
255 definition (pixels), facial orientation (frontal), expression (neutral with a closed mouth)
256 and view of the eyes (which was required to be clear).

257 Faces were displayed in the original color without any cropping, and measured 11 cm
258 horizontally by 14.4 cm vertically ($8.9^\circ \times 11.7^\circ$ visual angle).

259 The area of interest (AOI) of the eyes was the of the same dimensions for all individual
260 images, measuring 6.3 cm horizontally by 1.5 cm vertically ($5.2^\circ \times 1.2^\circ$ visual angle)
261 The faces in the pair paradigm all measured 7 cm horizontally and 9 cm vertically (5.7°
262 $\times 7.4^\circ$ visual angle).

263

264 **Variables**

265

266 **Individual face variables:**

267 Dwell time on the eyes according to the type of stimuli: the total time spent (ms) gazing
268 at the AOI of the eyes in ASD and NT children. The images shown were human adult
269 (male/female), child (male and female), and dog (adult and puppy) faces.

270 Latency of first gaze to the eyes: the latency (ms) to the first gaze to the AOI of the eyes
271 in each group according to face category (adult, child and dog)

272 Average duration of continuous gaze to the eyes: the average time (ms) spent gazing at
273 the eyes, without leaving the AOI, for each face category (adult, child and dog)

274

275 **Pair paradigm variables:**

276 Dwell time according to the side of the screen in which the pair of faces appeared: the
277 total time (ms) spent gazing at the face was analyzed according to the side of the screen
278 on which the stimuli appeared (left or right side) regardless of the type of stimuli.

279 Dwell time according to the type of stimuli: the total time (ms) spent gazing at the face
280 was analyzed according to the type of stimuli (human or dog), regardless of position on
281 the screen.

282 Transitions between faces: the average number of gaze shifts between left and right
283 complete faces. A transition was considered to have occurred when the gaze shifted

284 from the left to right face, and vice versa, with an interval of < 100 ms. Transitions were
285 classified for human/dog, dog/human, human/human, and dog/dog face pairs.

286

287 **Analysis**

288

289 Independent variables were tested for normality across the 26 participants using the
290 Shapiro–Wilk test; all variables exhibited a normal distribution. All gaze points were
291 measured using raw data provided by the eye tracker.

292

293 A 2 (group) × 3 (type of stimuli) mixed factorial ANOVA was used to analyze
294 individual images, and a 2 (group) × 2 (type of stimuli) / 2 (group) × 4 (pair of faces)
295 ANOVA was used for analyzing the pair paradigm images. Hedges' g was used to
296 calculate the effect size of the group differences.

297 Grimp software (version 2.99.4) was used to set the coordinates of the AOI for the eyes
298 and complete faces. SPSS software (version 27.0) was used for all statistical analyses.

299

300 **Results**

301 The descriptive data of the variables in both groups can be reviewed in Tables 3 and 4.

302

303 **Individual pictures**

304 Table 3: Results for individual pictures by group.

Variable	Type of stimuli	NT group mean (SD)	ASD group mean (SD)	P value	Effect size of Hedges' g
Dwell time on the eyes (ms)	Adult faces	3272.77 (1587.43)	2349.69 (2165.03)	0.23	0.48
	Child faces	5119.15	3305.08	0.05	0.81

		(2290.48)	(2179.07)		
	Dog faces	6072.23 (2253.86)	3683.31 (1472.69)	0.02	1.21
Latency of first gaze point to the eyes (ms)	Adult faces	94.46 (95.25)	1200.31 (869.04)	<0.001	-1.73
	Child faces	169.61 (89.59)	937.92 (992.70)	<0.001	-1.06
	Dog faces	148 (163.18)	384.50 (266.25)	0.13	-0.64
Average duration of continuous gaze to the eyes (ms)	Adult faces	738.83 (715.42)	395.53 (376.04)	0.14	0.58
	Child faces	976.91 (1236.38)	376.16 (278.28)	0.10	0.65
	Dog faces	1081.81 (793.49)	709.39 (493.33)	0.16	0.55

305

306

307 **Dwell time on the eyes according to the type stimuli**

308 The descriptive statistics showed that both groups looked at dogs' eyes for the longest
309 time, followed by children's eyes and adults' eyes (see Table 3).

310 T-test analysis showed a significant group difference in the total time spent looking at
311 the dogs' eyes ($p=0.02$), with a longer dwell time seen in the NT group ($M = 6072.23$,
312 $SD = 2253.86$) compared with the ASD group ($M = 3683.31$, $SD = 1472.69$).

313

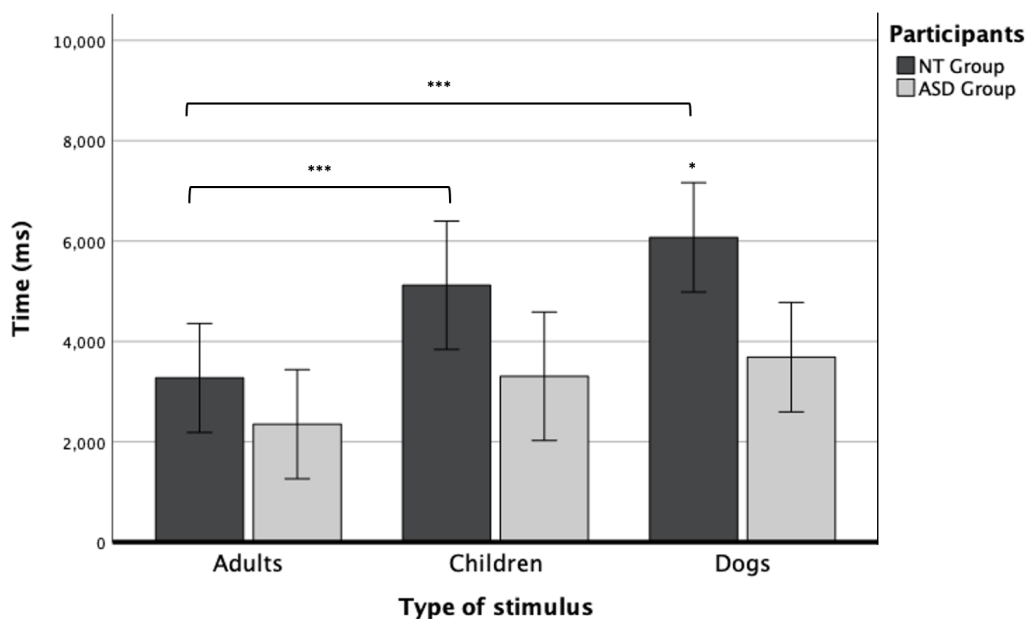
314 The results of the two-way mixed ANOVA of dwell time on the eyes according to the
315 type of stimuli (Fig. 2) showed a significant main effect of type of face ($F[2, 48] =$
316 18.87 , $p<0.001$, $\eta^2 = 0.44$) and a significant interaction between type of face and group

317 (F[1,24] = 6.24, p=0.02, $\eta^2 = 0.21$). Post-hoc Bonferroni's test showed a significant
318 difference in the NT group between dog and adult faces (p<0.001) and children and
319 adults' faces (p<0.001). In other words, within the NT group, there were differences in
320 the time spent looking at the eyes among the three types of faces. However, there were
321 no such differences in the ASD group.

322

323 Overall, while more time was spent gazing at the area of the eyes in the images of dog
324 faces in the NT group, the ASD children did not discriminate among the image
325 categories.

326



327

328 **Fig. 2. Dwell time on the AOI of the eyes in the neurotypical (NT) and autism spectrum disorder**
329 **(ASD) groups while gazing at faces of adults, children and dogs.**

330 Level of significance: *p<0.05, **p<0.01, ***p<0.001.

331

332 **Latency of first gaze to the eyes according to the type of stimuli**

333 Overall, NT children showed a shorter latency in the first gaze to the eyes than ASD
334 children (Table 3); significant differences between groups were found for adult faces

335 ($p < 0.001$) and child faces ($p < 0.001$), but not for dog faces ($p = 0.13$). No differences in
336 the latency of the first gaze were found in the NT group according to face category.
337 However, in the ASD group there was a shorter latency for the first gaze to the eyes for
338 dog faces ($M = 384.50$, $SD = 266.25$), followed by child faces ($M = 937.92$, $SD =$
339 992.70) and adult faces ($M = 1200.31$, $SD = 869.04$).

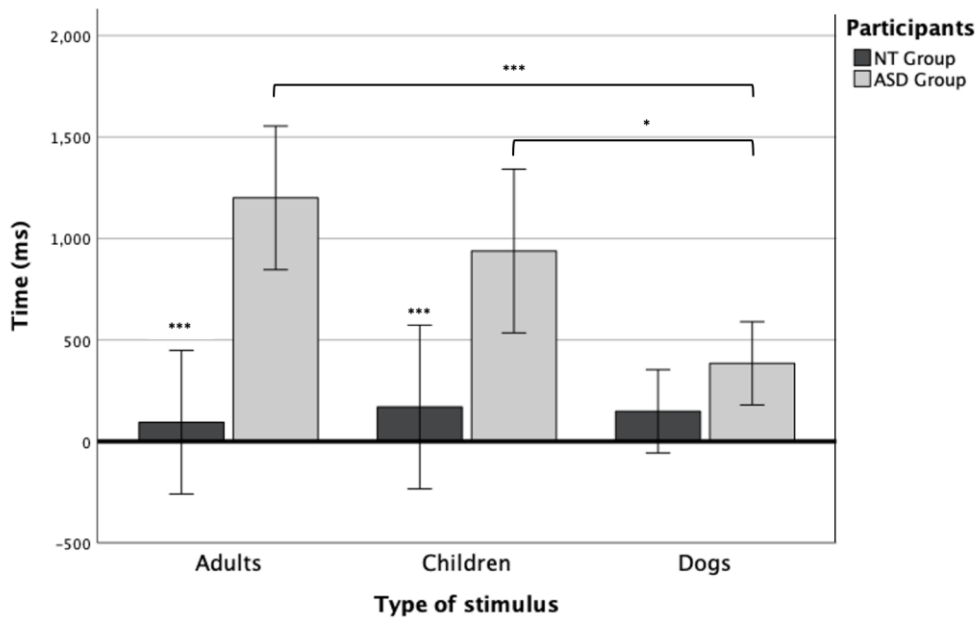
340

341 A 2×3 mixed ANOVA (Fig. 3) revealed a main effect of group on the latency of the
342 first gaze to the AOI of the eyes ($F[1, 24] = 32.65$, $p < 0.001$, $\eta^2 = 0.57$). The effect of
343 group according to partial eta squared was large (0.57), indicating that group had a
344 major influence on the latency of the first gaze towards the face. An interaction effect
345 between participant and face category was also found ($F[2, 48] = 5.7$, $p < 0.04$, $\eta p^2 =$
346 0.006).

347

348 The post hoc Bonferroni test showed significant differences within the ASD group in
349 the latency for the first gaze between adult and dog faces ($p < 0.001$) and child and dog
350 faces ($p = 0.02$). Hedges' g revealed a large effect size ($g = -1.06$) for the group
351 comparison for adult faces and a medium effect size for child faces ($g = -0.64$). These
352 results indicate that it took longer for children with ASD to look at the eyes than NT
353 children, except at dog eyes. When we compared categories of faces within the ASD
354 group, we found that they gazed significantly faster towards the eyes of dogs than at
355 those of children or adults. Conversely, NT children did not show differences the
356 latency of the first gaze to the eyes between faces.

357



358

359 **Fig. 3. Latency of the first gaze to the eyes in individual faces of adults, children, and dogs.**

360 Level of significance: * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$

361

362 **Average continuous gaze time on the eyes according to the type of stimuli**

363

364 We measured the average time that the groups gazed at the eyes without leaving the

365 AOI (see Table 3). No main effect of group or type of stimuli was found (see Fig. 4).

366 A moderate effect of the type of stimuli and average continuous gaze time was found

367 only in the ASD group ($F[2, 48] = 5.52$, $p = 0.03$, $\eta^2 = 0.19$).

368

369 Post-hoc Bonferroni tests showed a higher ($p=0.03$) average gaze time at the eyes of

370 dogs in the ASD group, ($M = 709.39$, $SD = 493.39$) compared with children's eyes (M

371 $= 376.16$ $SD = 493.49$) and, to a lesser extent ($p=0.08$), adults' eyes ($M = 395.53$, SD

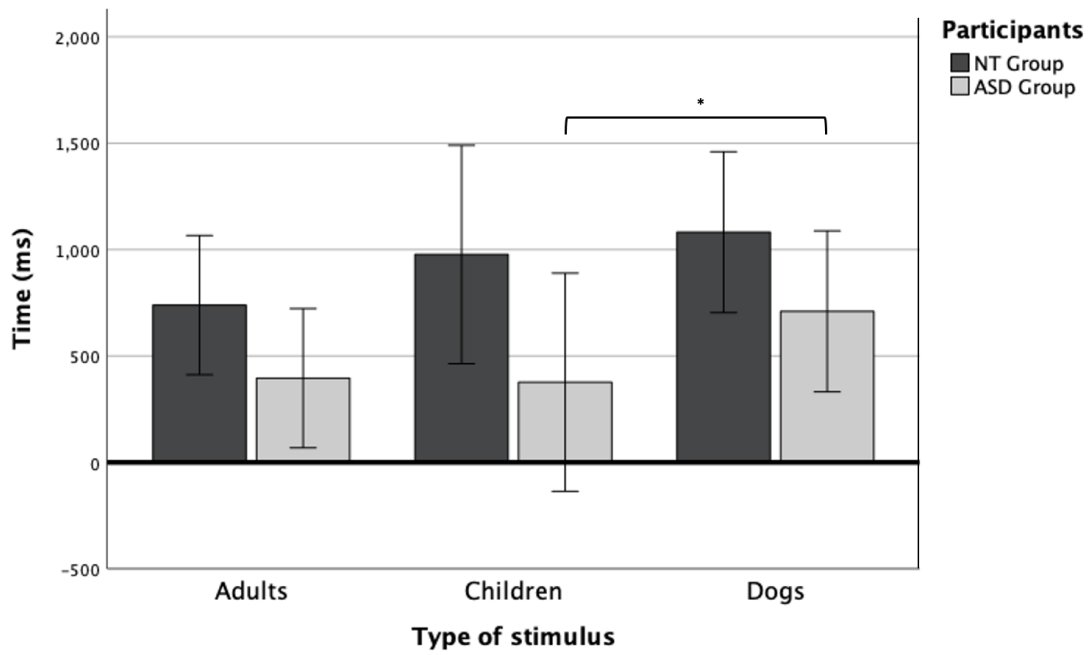
372 $= 376.04$).

373

374 These results suggest that the ASD group gazed longer at the eyes of dogs without

375 leaving the AOI than at any other type of stimuli.

376



377

378 **Fig. 4. Average continuous gaze time on the eyes in individual faces of adults, children, and dogs.**

379 Level of significance: * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$

380

381 **Pair paradigm**

382

383 Table 4: Pair paradigm results by group.

Variable	AOI	Type of stimuli	NT group mean (SD)	ASD group mean (SD)	P value	Effect size Hedges' g
Dwell time according to the side of the screen on which they appear (ms)	Full faces on the left side of the screen	Adult and dog faces	17,329.85 (4308.81)	12,737.31 (5109.45)	0.02	0.97
	Full faces on the right side of the screen	Adult and dog faces	11,535.46 (4295.65)	9771.46 (3958.29)	0.29	0.41

Dwell time according to the type of stimuli (human or animal) (ms).	Full faces on the left and right sides of the screen	Adult faces	12,898.85 (2993.56)	7,884.00 (4833.66)	0.005	1.21
	Full faces on the left and right sides of the screen	Dog faces	11,783.08 (3729.80)	12,188.08 (4084.01)	0.79	0.08
Number of transitions between the two pictures appearing on the screen	Full faces	Adult face left-dog face right	4.54 (1.27)	3.15 (1.86)	0.63	0.84
		Dog face left-adult face right	3.46 (2.26)	3.23 (1.20)	0.75	0.12
		Adult face left and right	4.39 (1.16)	1.5 (1.17)	<0.001	2.40
		Dog face left and right.	3.61 (1.94)	4.23 (2.71)	0.51	-.25

384

385 **Dwell time according to the side of the screen on which the faces appear (left or**
386 **right side of the screen) and type of stimuli (human or animal)**

387

388 A 2 × 2 ANOVA showed a significant effect of the side of the screen on dwell time,
389 but there was no side × group interaction. $F[1, 24] = 9.95, p=0.004, \eta^2 = 0.29$). The post
390 hoc Bonferroni test revealed a significant difference in dwell time between the stimuli
391 shown on the left and right sides of the screen in the NT group ($p=0.004$), but not in the
392 ASD group. A t-test showed a significant group difference in dwell time for the stimuli

393 on the left side of the screen ($p=0.02$), but not for stimuli on the right side of the screen
394 ($p=0.29$). Both Hedges' g ($g = 0.97$) and partial eta square ($\eta^2 = 0.29$) had large effect
395 sizes (see Table 4)

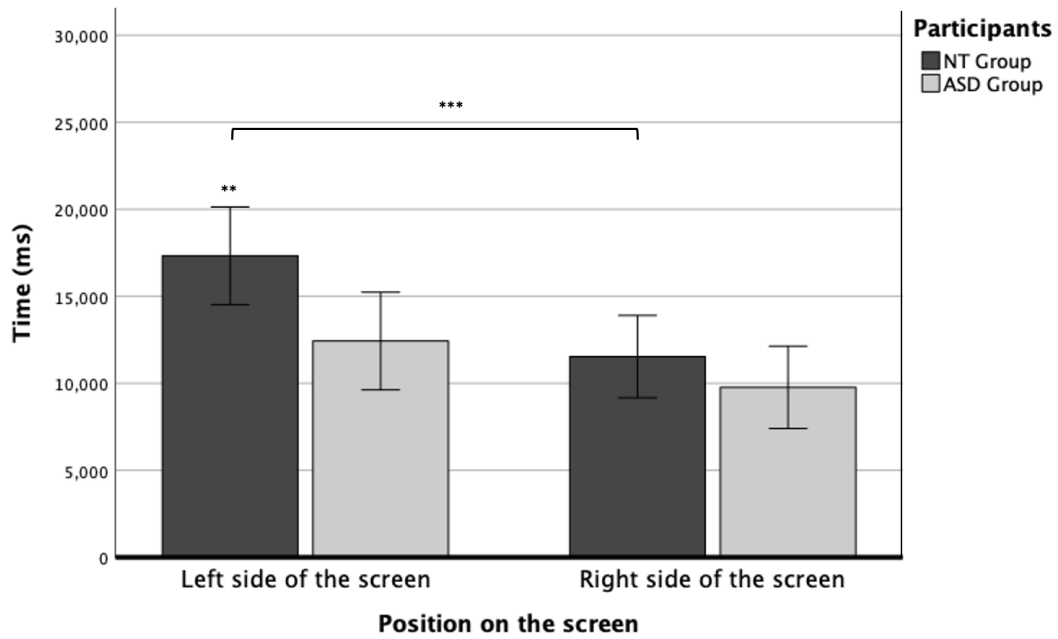
396

397 Regarding dwell time according to the type of stimuli, a 2×2 ANOVA showed an
398 interaction between type of stimuli and group $F[1,24] = 5.06$, $p=0.03$, $\eta^2 = 0.17$. Post-
399 hoc Bonferroni's revealed a significant group difference ($p=0.005$) for human stimuli,
400 with a longer dwell time seen in the NT group for human faces. Within the ASD group,
401 there was a significant difference ($p=0.02$) in dwell time between human and dog
402 stimuli; the dwell time was higher for dog faces in the ASD group.

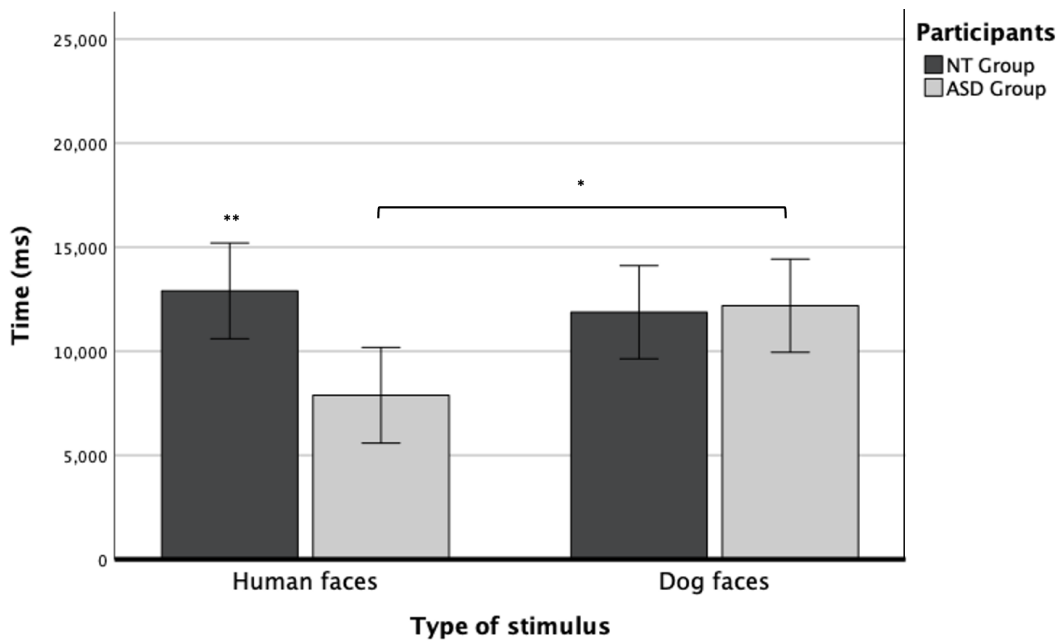
403

404 Taken together, we observed a tendency in the NT group to look longer at the faces on
405 the left, regardless of type, whereas the ASD group preferred to look at dog faces
406 regardless of the position in which they appeared on the screen (Fig. 5).

407



408



409

410 **Fig. 5. Dwell time according to the side of the screen on which the faces appear (left or right side)**
 411 **and type of stimuli (human or animal) in the NT and ASD groups.**

412 Level of significance: * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$

413

414 **Number of transitions between visual images**

415

416 The NT group showed the same number of transitions in all pairs except dog-dog pairs,
417 for which there were fewer transitions. T-tests showed a significant group difference in
418 the number of transitions in the human-human face pair paradigm ($t[21] = 5.37$,
419 $p < 0.01$), reflected in a large effect size ($g = 2.89$). Conversely, the ASD group showed
420 a higher number of transitions for the dog-dog face pair, followed by human-dog visual
421 face pair and dog-human face pair, and a much lower number of transitions for the
422 human-human face pair (see Table 4).

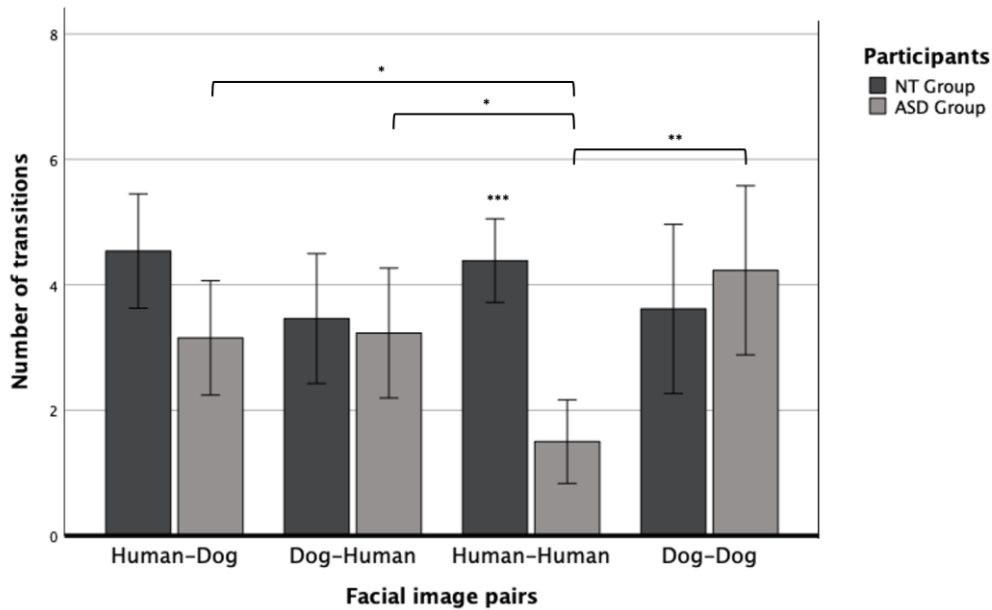
423

424 The results of ANOVA (Fig. 6) showed no main effect of participant or face pair, but
425 there was an interaction effect between participant and face pair $F[3, 72] = 6.81$, p
426 < 0.001 , $\eta^2 = 0.22$.

427

428 Post-hoc comparisons using Bonferroni's correction indicated a significant difference
429 ($p < 0.001$) in the number of transitions for human-human face pairs between the NT
430 group ($M = 4.39$, $SD = 1.16$) and ASD group ($M = 1.5$, $SD = 1.17$). Within the ASD
431 group, t-tests showed a significant difference in transitions between dog-dog and
432 human-human face pairs ($p = 0.003$); human-dog and human-human face pairs ($p = 0.02$);
433 and dog-human and human-human face pairs ($p = 0.01$).

434



435

436 **Fig. 6. Total transitions between the left and right picture for pairs of stimuli (human-dog, dog-**
 437 **human, human-human, or dog-dog) in NT and ASD children.**

438 Level of significance: * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$

439

440 **Discussion**

441 The present study aimed to assess the gaze patterns of children with ASD when looking
 442 at human and dog faces, as a basis for achieving positive socio-communicative
 443 outcomes in animal-assisted interventions. Gaze patterns were assessed when an
 444 individual face (adult, child or dog) appeared on screen (free viewing) and when two
 445 faces appeared simultaneously and were thus in competition (pair paradigm).

446

447 For the individual faces, we measured the total time spent gazing at the eyes (dwell
 448 time), latency of the first gaze to the eyes, and the average time spent continuously
 449 gazing at the eyes. The results showed a higher total gaze time toward the eyes of dogs
 450 compared with adult and child faces within the NT group, and compared with the ASD

451 group. These results are consistent with previous research (Valiyamattam et al., 2020;
452 Grandgeorge et al., 2016; Muszkat et al., 2015) and our hypothesis.

453

454 However, contrary to the cited research and our preliminary hypothesis, we did not
455 observe differences in total dwell time between categories of faces within the ASD
456 group. In addition, there were no significant group differences in total time spent gazing
457 at adult and child eyes. These results suggest a lack of specificity of the gaze in ASD
458 children; there were no differences between categories of faces, similar to other
459 research reporting no differences among types of stimuli (Wilson et al., 2010)

460

461 The differences between this study and previous ones could be explained by the sample
462 size. Within the ASD group, the total time spent gazing at dog eyes was slightly but
463 non-significantly longer compared with other faces. A larger sample might have
464 exacerbated these differences in the ASD group. Another reason could be the type and
465 number of images. We used the faces of dogs, whereas other studies used faces of other
466 species in addition to dogs, such as horses or cats (Valiyamattam et al., 2020;
467 Grandgeorge et al., 2016). Previous research points to greater visual attention toward
468 cat eyes compared with those of humans and other animal species (Grandgeorge et al.,
469 2016; Grandgeorge et al., 2020). Utilizing the faces of cats, among other images, may
470 have increased the total gaze time in children with ASD.

471

472 Regardless of the total dwell time on the eyes, we observed clear differences between
473 categories of faces in terms of how children with ASD gazed at them.

474 The latency data for the first gaze to the AOI of the eyes showed that the ASD group
475 took longer to gaze at the eyes, which is an informative part of the face, compared with

476 the NT group (Dalton et al., 2005), except in the case of dog eyes. Dog eyes seemed to
477 elicit a faster automatic response toward the eyes that was more similar to typical
478 patterns (Falck-Ytter & von Hofsten, 2011; Thompson et al., 2019).

479

480 Additionally, the ASD group showed a higher average gaze time without leaving the
481 area of the eyes when looking at dog faces compared with those of children and, to a
482 lesser extent, adults. This suggests that the dog eyes elicited a longer and more detailed
483 exploration of this region in children with ASD compared with human eyes. A more
484 detailed visual exploration of dog faces could explain the preference therefor seen in
485 previous research (Prothmann et al., 2009; Guérin et al., 2017; Grandgeorge et al.,
486 2015). A longer exploration of dog eyes could also indicate that children with ASD feel
487 more comfortable with the gaze of dogs compared with that of humans; additionally,
488 this longer exploration could allow children with ASD to gather more cues about
489 referential gaze and emotional recognition (Davidson et al., 2018), thereby improving
490 self-efficacy in social tasks (Atherton & Cross, 2018; Miralles et al., 2022).
491 Consequently, improvements in social interactions would likely be observed in the
492 presence of an animal in Animal Assisted Interventions (AAIs) (O’Haire et al., 2013;
493 Nieforth et al., 2021)

494

495 In our pair paradigm, the NT group showed a bias towards the face on the left side of
496 the screen, regardless of type (dog or human). Conversely, the ASD group showed a
497 lack of bias towards the left picture, unlike what was seen previously for individual
498 faces (Guillon et al., 2014); however, they showed a preference for dog faces regardless
499 of the position of the faces on the screen.

500 The results also showed a higher number of transitions, and therefore a greater capacity
501 to disengage attentionally, when one or both of the face stimuli were dogs. Some studies
502 have addressed the difficulties in attentional disengagement displayed by ASD
503 children, and the associated potential loss of social information (Thorup et al., 2018).
504 In this study, there was some evidence that dogs may engage the attention of children
505 with ASD, especially when in competition with other social stimuli, while also allowing
506 them to disengage their attention more rapidly to attend to other highly salient stimuli.
507 These results were consistent with studies that showed a preference for dog compared
508 with human stimuli; these results could also explain the results of studies that explored
509 social rivalry (Grandgeorge et al., 2017) when a dog and human were present, and
510 reported increasing shifts in visual attention between them.

511

512 The visual processing of animal and even human faces in children with ASD is not fully
513 understood, although it seems that non-human animals could promote social
514 engagement in such children. In this study, we observed increased interest in
515 informative areas of the face in children with ASD, and a tendency for longer and more
516 detailed exploration of dog eyes. In addition, we observed a preference for exploring
517 dog faces versus other faces when paired together (i.e., when in competition), but easy
518 disengagement from one face to attend to another was also apparent. Overall, this could
519 explain the positive socio-communicative outcomes of human-animal interactions in
520 children with ASD, and by extension the efficacy of canine-assisted interventions.

521

522 As well as suggesting avenues for future research, this study had some limitations.
523 Although we aimed to represent children on different parts of the spectrum, a larger
524 sample, especially of children with ASD, may have allowed for more nuanced results

525 regarding the particular types of gaze; unfortunately, COVID-19-related restrictions
526 prevented the recruitment of a larger sample. A more diverse sample is needed;
527 specifically, language-delayed and non-verbal children with ASD should be assessed,
528 as the gaze to the mouth and eyes may vary depending on language development
529 (Falck-Ytter & von Hofsten, 2011). Additionally, comparing gaze patterns toward
530 animals between female and male children on the spectrum could be a compelling line
531 of research. Finally, it would be interesting to analyze the type and number of
532 treatments that children with ASD receive, and their ability to modulate the gaze. As
533 observed in this study, there is high variability in the treatments received by children
534 with ASD, including training in social skills, which could influence performance on the
535 types of tests employed herein; in a larger sample, the correlations between treatments
536 and gaze patterns could be interesting to explore.

537

538 Other types of stimuli such as dynamic scenes, as well as assessing live interactions
539 with animals, could improve our understanding of how children with ASD visually
540 process animal faces. Some research involving animals in live settings showed high
541 levels of visual interaction, and social and prosocial behaviors, in children with ASD
542 (Dollion et al., 2021). Furthermore, greater difficulty in looking at stimuli with
543 ecological validity was reported in children with ASD (Noris et al., 2012) due to context
544 blindness (Vermeulen, 2015). Exploring visual patterns in natural contexts involving a
545 real dog, instead of an image thereof, could improve our understanding of the
546 mechanisms underlying the efficacy of canine-assisted interventions.

547

548 We believe that further exploration of the relationship between the interactions of
549 children with ASD and animals and the exploratory gaze toward animal faces is
550 merited.

551

552 **Conclusions**

553 Despite some limitations, this study improves our understanding of visual processing
554 in children with ASD when gazing at non-human animals. Overall, children with ASD
555 seem more attentionally engaged when looking at dog faces, especially when they
556 appear together (i.e., in competition) with human ones. When looking at the eyes,
557 children with ASD gaze faster and more continuously at the eyes of dogs compared
558 with those of humans. Taken together, the results suggest that dog faces confer
559 advantages with respect to visual exploration of socially informative areas in children
560 with ASD.

561

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567

568 **Disclosure statement**

569 The authors have no financial or non-financial conflicts of interest to declare.

570

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